



Get Involved, Get Doing!

We all hope that our children grow to have the confidence and resilience to cope with whatever may come their way in life.

At Saint Kentigern Girls' School, we know that confidence is linked to 'doing' and 'getting involved' in a range of activities. So many of today's youth live in highly structured environments where they move from adult-directed activity to adult-directed activity with little time to test their own abilities, make their own decisions or even learn to fill the empty space themselves that some may call 'boredom.'

Our school provides the perfect environment for our girls to test their self-belief and limits, to practise decision making skills and explore new pastimes that may become passions. To 'get involved' and 'get doing.' Many opportunities present themselves for girls to try new things, to push themselves, maybe fall down and get back up again, or maybe even fall down again. This is all part of learning to become self-confident and resilient.

Over time, we see the difference that an all-girls experience makes to our Girls' School students. In the single gender environment, the girls can be themselves, free from stereotypes and learn to participate without inhibition. Confidence is encouraged by positive role-modelling strategies such as our Big Sister/Little Sister activities, combining the age groups for House Lunches, walking to Chapel with an older buddy, and spending time with other Year groups at special events like Flora MacDonald Day or in Middle School Design Time.

This term we have delighted in the way that the girls have embraced challenges at every level of the school. It's pretty brave diving into a pool in front of the whole school to race when you are six years old, or being challenged at camp (and organising and eating your own cooking for a week!), speaking at Chapel, presenting the reading at Assembly, taking responsibility for Road Patrol on a busy street, walking into school independently, walking your buddy to Chapel, and meeting and greeting visitors to our school. Some students have even presented their science projects to a full auditorium of scientists at the museum, whilst younger girls presented a soliloquy or a poem or a persuasive speech to the whole school. All these activities

allow the girls, across all age levels, to develop their confidence and resilience. I am inspired every day by the 'can do' attitude of our students and their passion for learning. We know that confidence is linked to doing. The single biggest threat to a girl's confidence is not doing... not trying... not practising.

At the Girls' School, our girls receive constant encouragement from caring teachers who are supportive, yet expect each girl to strive to do their very best. Because we have specialist teachers who all know the girls so well, a very nurturing environment is created, matched by a real rigour in the expectations for the girls and what can be achieved. We can help the girls take 'healthy risks.'

If your daughter is a reluctant participant, then encourage her to get involved! If she is nervous about giving something a go, then take time to talk the issue through with her. Here are three great questions: 1. What's the worst that can happen? 2. Can you live with that? 3. Do you have the resources to deal with it?

The 'Hands Up for Gender Equality' report by the Australian Gender Equality Council (2018) has highlighted that unlike in the mixed-gender 'real' world, where studies consistently show that women are less confident than men, girls in single-sex schools are equally as self-confident as boys in single-sex schools. The 'Hands Up' report found that the top three contributors to self-confidence in both girls and boys are travel, team sport and leadership opportunities. Other significant contributing factors include having a part-time job, doing chores, playing a musical instrument, and participating in unsupervised activities. It was fascinating to read that of the more than twenty activities examined for the 'Hands up for Gender Equality' report, the greatest detractors from the development of self-confidence were social media usage and computer gaming!

We want the girls to do their best and shine, but it's important to know that they can also step back from the barrage of media messages and pressure to be successful. This is part of being resilient. We need to give girls this important message 'You are enough as you are.' At the end of the day, wherever they have landed, because they are a good friend or good sister, because they sat beside someone who was alone at lunch, because they fed the cat when everyone else forgot to, because they don't give up when they fall, they are enough. Remind your daughter... 'You are Enough as you are.'

Reference: 'Enough as She Is' by Rachel Simmons

Fides Servanda Est

**Miss Juliet Small,
Principal**





Girls' School Prefects Commissioned

Chapel, at the beginning of term, held special significance for senior students with the commissioning of the 2019 prefect team. Proud family members and special guests of the Year 8 leaders filled Somervell Church to share the occasion. This was a proud moment for the newly elected Head Girl, Jaime Chandler and Deputy Girl, Keeley Berkovits as they pledged to honour their new roles. These young women both have the capability to serve and lead the School with distinction.

Girls' School Principal, Ms Juliet Small welcomed Senior College Principal, Suzanne Winthrop and this year's College Head Girl, Alex Hynds to the service. Alex spoke to the girls about the inspiring leader, Malala Yousafzai, who showed great courage, kindness and resilience, and encouraged the girls to do the same. Alexandra left the girls with a quote from Malala stating, 'there will always be hurdles in life, but if you want to achieve a goal, you must continue.'

Jamie and Keeley were called on to accept their duties as Head Girl and Deputy Head Girl, followed by the prefect team. Deputy Principal, Mrs Jill Wahlstrom read the pledge, asking the girls to serve Saint Kentigern Girls' School to the best of their ability; at all times, demonstrating a sense of pride in all they do and with a sense of caring and friendship for all girls and staff.

2019 Girls' School Prefect Team

Head Prefect	Jaime Chandler
Deputy Head Prefect	Keeley Berkovits
Head of Chapel	Anamia Rangihaeata
Head of School Council	Xarya Knox
Head of Cargill	Audrey Lee
Head of Chalmers	Isabella Hughes
Head of Hamilton	Sophia Mercer
Head of Wishart	Edith Li



HEAD GIRL Jaime Chandler

Jaime joined Saint Kentigern Girls' School in 2018 as the recipient of the Academic Scholarship Award. She has a love of learning and is involved in many activities throughout the School.

Jaime demonstrates a passion for music. She is part of both the choir and orchestra and enjoys playing the violin. She is a real problem solver and was part of the Mathex team and the highly successful EPRO8 team, working collaboratively with her peers to ensure a place in the Grand Final. She also enjoys private speech lessons and was in the Year 7 speech finals. Jaime enthusiastically participates in netball, cricket and tennis.

A goal for Jaime this year is to excel in her favourite subject Science.

Jaime is committed to and enthusiastic about her role as Head Girl this year.



DEPUTY HEAD GIRL Keeley Berkovits

Keeley has been part of our community from the very beginning, as a foundation Preschool student.

She is confident and passionate, especially in the Arts, where she is an enthusiastic speech and drama participant. She is a competent public speaker and was a finalist in both the speech and poetry competitions, demonstrating her strength in these curriculum areas.

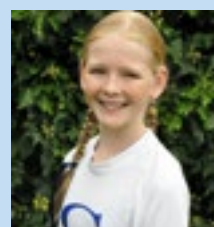
Keeley has a strong sense of community and service to others and coached the Year 3 and 4 flipper ball team, who won their final and attained a gold medal. She also enjoys playing netball and touch rugby.

Keeley's future goal is to continue to develop and succeed in the Performing Arts.

Keeley demonstrates the values of a student at Saint Kentigern and is a wonderful role model to her peers.



Head of Cargill
Audrey Lee



Head of Chalmers
Isabella Hughes



Head of Hamilton
Sophia Mercer



Head of Wishart
Edith Li



Head of Chapel
Anamia Rangihaeata



Head of School Council
Xarya Knox

Flora MacDonald Day

Did you know, the old Kings and Chiefs of Scotland used Highland Dances to test a man's strength, stamina, accuracy and agility as a way of choosing the best men for their armies? This was one of many facts the girls learnt at this year's Flora MacDonald Day.

Flora MacDonald Day is a chance for the girls to understand and experience their Saint Kentigern Scottish Heritage in more depth. Founded to honour Saint Kentigern's ancestry from a feminine perspective, the day is named after an 18th century Jacobite heroine who risked her life to smuggle Prince Charles Edward Stewart - 'Bonnie Prince Charlie' - from exile in Scotland over the sea to the Isle of Skye. It was on account of her bravery and strength of character that Flora was chosen as a strong namesake for the day of celebration.

To begin the day, three Year 13 girls from College Pipes and Drums, Kate Pennycuik, Alice Smith and Fayth Doherty, led the Girls' School clans, special guests and Preschool girls down the driveway in the parade, before leading them into the hall to be seated. Kate and Fayth were the first two Girls' School girls to learn the chanter.

The orchestra made their debut performance of the year, playing 'Sutherlands Law' by Hamish MacCunn, arranged by school accompanist, Dr Jenkins, setting the scene for Principal, Ms Juliet Small to welcome the guests and tell the tales of Flora's bravery and facts about Highland Dance. Special guest, the diminutive and nimble-footed, Grace Broun was welcomed to the stage. At only 7 years old, Grace recently won regional U8 and U10 Highland Dance competitions and gave a very confident demonstration of the Highland Fling and the Sword Dance.

Formalities were interspersed with one and all joining in song including The School Song, the 'Skye Boat Song' and 'My Bonnie Lies Over the Ocean'. The harmonies by the girls were beautiful and there were plenty of smiles from the visitors when the girls bobbed in time to 'My Bonnie' - the adults soon joining in.

Eager to get their day of fun underway, the girls readied themselves for the activities, while the guests made their way to the library to enjoy a morning tea of home-made shortbread - looking out with interest at the activities being set up on the field and pool - a giant





obstacle course, a water slide and 'water walkers' on the pool

As the day unfolded, it was clear that one of the highlights was learning Scottish Dancing, as the girls danced for sheer joy - and they came to understand how hard it might have been for the clansmen trying to prove

themselves in the 18th century! Along with the dancing and energetic outdoor activities, including Highland games, the girls also enjoyed some quiet time, weaving tartan, creating tartan art and tassels - and the favourite, cooking oaty pancakes to top with treats - the non-stop day of cooking groups caused a heavenly smell on campus!

For the girls, it was a fantastic day of celebration - and for the teachers too! The girls won't forget seeing their Principal and Deputy Principal join them to zoom down a soapy, slippery water slide!



Choir Performs at Anzac Service

To honour the brave servicemen and women of New Zealand, the Girls' School choir, the Highland Belles, made a special appearance at the Rawhiti Estate Retirement Village ANZAC Service.

The Year 6-8 girls practise weekly and represent Saint Kentigern on many occasions. Having joined the choirs at the Boys' School ANZAC service at the end of term, they went on to sing at the Retirement Village Service.

Opening with the National Anthem, the choir filled the beautiful auditorium with a well-polished performance. Addressing those assembled, Head Girl, Jamie Chandler and Deputy Head Girl, Keeley Berkovits thanked the Village for inviting them and read John McCrae's evocative Western Front poem 'In Flanders Fields.'

Bringing smiles to the faces of residents, family members and staff, the girls were not shy in their performance and went on to perform 'Lovely Arrangement' by BD James and 'Sons of Gallipoli' by Chris Skinner. It was heart-warming to see the residents join in.

Following the Service, the girls joined the residents for a light lunch, and watched a military drill and stirring haka performed by members of the ATC Military.

We were proud of our girls, it was a wonderful experience and opportunity for them to perform.





Finding Facts and Facing Fears!

Did you know that skinks can blink and geckos can't?

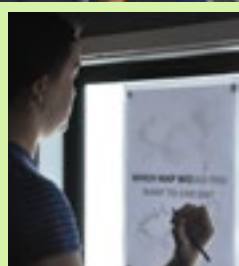
Did you know that a skink can drop off its tail if it's scared?

A visit from 'Hands on Creatures' during science, gave our girls in Years 4-6 a fantastic opportunity to witness some of Australasia's reptiles and their predators at close quarters – even handling some!

As part of their Term 1 study on reptiles, the girls had been discovering the differences between species, and learning about the reptiles' behaviours and features - the visit helped extend their knowledge. It also created a valuable opportunity for some to overcome the fear of handling unfamiliar creatures; building both confidence and a sense of achievement when others acknowledged their accomplishment.

This was an exciting experience for the girls as these curious animals are rare and unique, and for most, this was their first time seeing and touching a reptile. Amongst the weird, creepy and crawly spiders, cockroaches, rats and hedgehogs, the students faced their fears and reached out to hold or stroke a range of frogs, skinks, geckos and Australian bearded dragons.

During the session, the girls were challenged with questions about the animals, and how they function and survive in their habitat - many hands were raised to ask questions as the animals went around the room. The students learnt that skinks and geckos are the only two native families of lizards in New Zealand, and that skinks can blink and geckos can't; instead, they lick their eyes to clean them. They also learnt that lizards are cold blooded, that they lay eggs, and scream and bite to defend themselves.



We Love Maps!

Cartography, also known as mapmaking has been a vital part of human history for thousands of years. From cave paintings to ancient maps of Babylon and Greece, through to the Age of Discovery and into the 21st century, people have created and used them as essential tools to help define, explain and navigate their way through the world.

In Term 1, the Year 7 and 8 girls learnt how to use maps and designed their own, that not only showed different countries but also represented a deeper meaning. Using a combination of geography, social science, mathematics and art, the girls created maps that shone light on their representation of the world, and raised awareness around current world or environmental issues.

As part of the task, Nathan Heazelwood and Sarah Allerton from Eagle Technology visited the girls to share their knowledge and expertise on cartography and its history. Nathan showed the students pictures of the Girls' School over time, discussing how technology has enabled us to create more detailed and accurate maps. He explained how the variety and accessibility of credible maps can help us to model patterns over time, make predictions and help inform choices that governments and groups make. Sarah spoke to the girls about possible career pathways in geography and gave them advice on some of their mapping ideas.

It was wonderful to see the girls fully engaged in the task and really push their creative abilities.



Girls Leave a Playground Legacy

Girls' School students shared a proud moment at the end of term when they took part in the official opening of the Wairua Reserve Playground that they had helped design three years ago.

Back in 2016, as Year 5 students, they started a social science inquiry on 'Continuity and Change,' with a focus on the use of green spaces and natural resources in Auckland. During the process of investigating how communities interact with their local environment, they noticed how under-utilised the Reserve across the road from school was; and so it became the focus of their enquiry.

The students created their own suggested models of development and wrote letters to Auckland Mayor, Phil Goff, explaining their project, and why it would be effective to develop the area.

Left feeling inspired and proud of their designs, the class invited Orakei Councillor at the time, Desley Simpson in to view their projects, in the hope they could become a reality. Ms Simpson was so taken back by the girls' ideas and reasoning behind them that she sparked a visit from the Deputy Chair of Orakei Local Board, Mr Kit Parkinson, who also visited the girls. After questioning the girls about their ideas, Mr Parkinson presented the ideas to the Local Board who agreed to develop the park, putting \$130,000 towards it. Before proceeding, Council members met with the students to discuss designs and what they thought would be appropriate to put in the Reserve.

In 2017, Park Central Playground Consultant, Mrs Tina Dyer ran through designs with the students before they agreed that they should utilise the dense trees and open reserve, as it would make for great natural play. Council members then took the design back to the Board to be signed off. Weeks later, three of the girls were asked to design three arches to be built in the park.

Students, Isabella Hayes, Charlotte Massey and Issy Gittos researched and submitted various ideas to the council before deciding they would go with a 'Kiwiana, natural environment' theme in conjunction with all things 'flora and fauna'. The Council liked their ideas and specified the colours they could use: orange, green and yellow. The arches were painted and installed at the Reserve in 2018.

Now, three years later, the park is open for play. What a fantastic way of leaving a legacy! Well done to all the students who were involved. You can now call yourselves playground designers!



Across the Miles!

Pens, pencils and books were some of the stationery items that the Junior School packed into a box and shipped afar to friends in India last term. At the end of 2018, the girls held a gold coin mufti day to raise funds to cover donated goods for the students at Rajasthan G.S.S. School, India.

The association with a school so far across the world came about from a meeting on a train in India. In 2017, Girls' School teacher, Mrs Christine Hopkins visited India and made the acquaintance of Mr Dayaram Suthar, a teacher, and his wife on a train. After learning about their school and seeing photographs of their meagre facilities and children in his class, Mrs Hopkins decided to stay in contact with Mr Suthar.

In the intervening years, Mrs Hopkins has sent parcels to India but this was the first time the girls were involved in fundraising. A copy of Piper was included in the parcel and the girls were delighted to receive grateful messages back from India along with photos, including one with a student holding Piper!





Wishart and Chalmers Draw!

The girls were on edge waiting for the Swimming Sports results to be released as they knew competition between the four Houses had been tight! Wishart and Chalmers were first equal with a total of 814 points each, with Hamilton following on 734 points, proving how close the competition was!

There was a mix of nervous and confident faces on the first day of heats as the Year 4-8 students faced up to the competition to determine who would swim in the finals. On finals day, the atmosphere was fantastic, as a sea of colour chanted and cheered from the sides of the pool while racing got underway. The girls displayed great technique as they raced up and down the pool, competing in 100m, 50m and 25m races.

Later in the week, the Junior girls in Years 1-3 took to the pool with the help of the Year 8 leaders for their heats and finals. Our youngest girls were brave and gave the races their all, and then were able to part in some fun 'noodle races' – definitely a favourite! It was a day when smiles shone bright!

Congratulations to Amelia Duff who went on to place 3rd in the Year 7 50m Freestyle at the South Eastern Zone event.

Our thanks to parent, Mr Andrew Cornaga from Photosport for sharing some of his photos.



HOUSE SWIMMING CHAMPIONS

1ST=	WISHART
1ST=	CHALMERS
3RD	HAMILTON
4TH	CARGILL



GIRLS' SCHOOL SWIMMING CHAMPIONS 2019

YEAR 1 CHAMPIONS

1st=	Alyssa Wray HA
1st =	Clara MacCulloch CH
3rd	Lena Sun CH

YEAR 2 CHAMPIONS

1st	Emily Albrecht HA
2nd	Chloe King CA
3rd	Lola Lepord-Symonds WI

YEAR 3 CHAMPIONS

1st	Kasey Wray HA
2nd	Eve Van Aalst CH
3rd	Farrah Palmer CA

YEAR 4 CHAMPIONS

1st	Chanelle Huang WI
2nd	Isabelle Qu WI
3rd	Lillian Tang HA

YEAR 5 CHAMPIONS

1st	Sienna Robertshaw CH
2nd	Pieter Spencer CH
3rd	Laura Koeman CA

YEAR 6 CHAMPIONS

1st	Indy Neshausen CH
2nd	Emily Cornaga HA
3rd	Louise Beaumont HA

YEAR 7 CHAMPIONS

1st	Amelia Duff CH
2nd	Emma Wang WI
3rd	Priscilla Zhong CZH

YEAR 8 CHAMPIONS

1st	Keeley Berkovits WI
2nd	Cilla Fa'afua HA
3rd =	Tiana Gray WI
3rd=	Anamia Rangihaeata WI





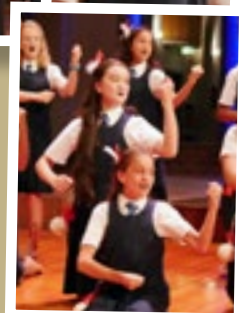
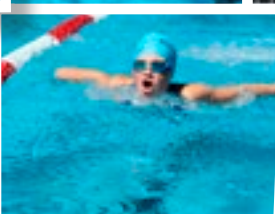
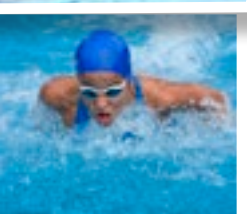
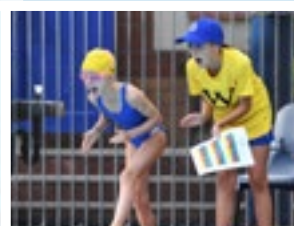
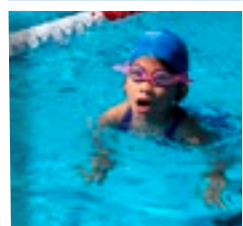
Miles of Smiles at Relays!

In a day filled with laughter, smiles, dancing and cheering, the girls had a fantastic day at the Boys' School for their annual House Relay competition. The sun was shining as the races got underway in the morning, with teams of four from the Girls' School racing first in their Houses, while the rest of the school watched from the bank. House spirits rose as the day unfolded and competition became more intense. By the end of the day, both students and parents were on their feet cheering for their Houses and singing the all-time favourite, YMCA, which was led by Reverend Reuben Hardie. Well done to all participants, especially to House Champions, Hamilton.



HOUSE RELAY CHAMPIONS

1ST	HAMILTON
2ND	CHALMERS
3RD	WISHART
4TH	CARGILL

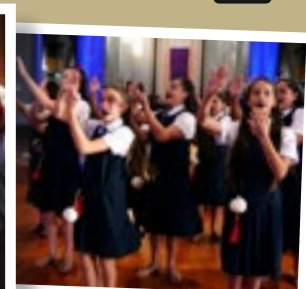


A Stunning Performance

It is now five years since the Kapa Haka group was first formed at the Girls' School, following a visit to Ruapotaka Marae. Since its inception, the group has grown considerably under the direction of their teacher, Whaea Vikki Demant. With her extensive knowledge and experience in Kapa Haka performance, both locally and internationally, Whaea Flavell has brought out the very best in our girls.

During rehearsals, emphasis is placed on self-expression and discipline and the girls are also taught the cultural and historical significance in the items they learn. As a result, the combination of their confident stage presence and beautiful voices has resulted in the group giving some commanding performances over the years, including their recent performance in the Holy Trinity Cathedral at the 'Sing a New Song' concert. The concert featured works from the Boys' School and College Choirs, along with a visiting choir from Geelong College, Australia.

At the concert, the girls presented two songs: 'Rona' and 'Toia mai te waka.' Rona speaks of the legend of Rona and the moon, whilst Toia Mai te waka nei is the second verse of a song that master carver, Piri Poutapu composed after he was instructed to build seven carved waka representing the people of the seven principal voyaging canoes that arrived in Aotearoa from Hawaiki. Year 8 student, Xarya Knox shone as a soloist and the girls gave a truly exceptional performance.



YEAR 5 and 6 CAMP

Shakespear Lodge, Whangaparaoa

Encouraged to step out of their comfort zone and develop their interpersonal and team building skills, our Year 5 and 6 girls headed to Whangaparaoa to stay at the Shakespear Reserve Camp.

Over the four days spent living amongst native bush with scenic views and beaches, the girls made the most of the outdoors, taking part in a range of enjoyable but challenging activities including, rafting, sailing, fishing, hiking and beach games.

Amongst the fun, the girls also took on a number of responsibilities such as looking after their cabins and helping prepare meals in the evenings.

Camp was a fantastic opportunity for the students to grow a sense of independence while learning new skills in a supportive environment.



Camping Highlights!

Our two camps each year are designed to challenge the girls outdoors, while having fun getting to know their classmates. With glorious weather, both groups had a fantastic time away learning new skills.



YEAR 7 and 8 CAMP

McLaren Falls, Tauranga

During a week of glorious sunshine amidst stunning scenery, the Year 7 and 8 girls had a fantastic camp away at McLaren Falls in Tauranga.

In a week of adventure, the students were given the opportunity to exercise leadership and service, build on friendships and step out of their comfort zone - the Year 7 students had three days to do this and the Year 8s had four. From the moment the students stepped off the bus, they were challenged with pitching their tents in the heat. It wasn't all bad when the girls realised the location that they would be sleeping and cooking their meals was lakeside!

Throughout the week, the girls were sent off on a number of activities that tested their collaboration and interpersonal skills. These activities were both fun and challenging, and some were activities that none of the girls had tried before, such as surfing, paddle boarding, cliff jumping and river hopping. They also took part in the Maximus Programme at Waimarino which focused on team building. A highlight of the camp for most was canoeing down the river to see glow worms!

Thank you to all the staff but in particular to the many parent helpers who were able to join us at camp.





Healing Hearts Quilts

Over the years, students at the Girls' School have worked together in groups to produce some beautiful quilts that are hung in Chapel for special occasions. In the past, guided by Art Specialist, Mrs Diana Roband, the girls have produced a number of 'seasonal' panels that were sewn into quilts by her sister, Linda McAdams, who is an experienced quilter.

Following the recent tragedy in Christchurch, a quilting group set up the 'Healing Hearts Quilt Drive' and our girls were encouraged to become involved in the project. They joined quilters across the country who were working to set specifications to create 100 quilts for those in the Muslim community directly affected by the terror attack, followed by further quilts for the first responders, and those who have supported and cared for the community in the days since.

Our girls in Years 7 and 8 were pleased to have the opportunity to contribute in the hope to bring some comfort to those who are suffering.

Combining Visual Arts and Technology, the girls designed and created green and blue heart panels, with each block an individual design. The specifications included the colour green as this is significant to the Muslim faith. It was heart-warming to see the amount of thought the girls put into making their individual pieces and the messages behind them, such as love, unity and strength. With the artwork complete, we were thankful once again to Ms Adams for stitching up the quilts. The result was a beautiful piece of work.

The quilts were blessed at a Chapel Service by Reverend Reuben Hardie before joining with other quilts to be flown to Christchurch by the New Zealand Air Force. These are sad times for New Zealand as we reflect on the events of 15 March. Working on the quilts opened opportunities for our girls to discuss ways they can offer help, love and compassion to others.

Family Picnic

The sun was shining as families streamed through the Girls' School gates, to lay down their blankets and set up their chairs to enjoy the annual Parents and Friends' Family Picnic.

The beautiful summer's evening was a perfect chance for parents to mix and mingle on the lawn as the youngsters played together. This was particularly a good chance for new families to familiarise themselves with the Saint Kentigern community, meet the teachers, their children's contemporaries and other parents.

A group of willing parents got together to prepare and get behind the BBQ, cooking up sausages and delicious burgers for the hungry families, while the youngsters lined up to get their faces painted by the Year 8 students. Families also enjoyed time cooling off in the pool, playing games, sports and running around the playground.

We offer our sincere thanks to the Parents and Friends who did a superb job of preparing and overseeing the evening. We also thank the many parents who helped supervise the pool, manage the food stall and helped clean up. It was a wonderful evening and enjoyed by all!

