



The Complexities of Sport

Changes are afoot...about time, good, bad or overreaction?

A school's role is to provide students with a myriad of experiences as they move through the education system. Academic rigour is a given, but sport, cultural, creative, service and leadership opportunities should also form a natural and essential part of their school day and development. When given such opportunities, students are set on a path to develop future interests and passions that they can pursue and maintain in life after school.

Of late, there has been much media interest, comment and debate about declining numbers in our major sports, the role of competition, representative teams in junior grades, early specialisation and over training. I do think it is time for a reality check, however, instead of reacting to negative opinions by making sweeping changes, we need to take a step back and look at what role sport should play in the lives of our children.

Competition should be encouraged and is a very important part of life, as long as parents, clubs and schools work together to provide children the right messaging about both winning and losing. Clubs have endeavoured to eliminate scores in the younger grades, but the players don't. They know who has scored the most goals or crossed the line the most times. You don't play against another team without having a result. You only have to look at the unstructured playground battles, where supremacy is sought and physicality is evident, all without adult direction or intervention – this has gone on in school playgrounds since schools were established.

It is how you play the game and treat the opposition that matters. Is a game where the score indicates a drubbing, the right message or is it just massaging the coach's ego? We need to establish ground rules and a code of expectations for all concerned, to ensure we bring the enjoyment back to sport and, therefore, retain numbers. If teams are getting thrashed, change it up so that at the end of the game, both teams have been challenged and have enjoyed the experience.

Unfortunately, we regularly witness or hear about poor sportsmanship, from players, coaches and spectators at all levels, with this type of behaviour, sadly, starting to become the norm.

For it to be stopped, parents, coaches, schools and clubs must play their part by modelling and instilling expected behaviours and values from an early age. Clear expectations about what is acceptable and supportive

behaviour must be made more explicit. If we get this part right, then we can break the cycle.

Let's reboot our attitudes and remind ourselves about the purpose of sport: It provides much needed physical activity, it is fun, it is quality time with mates and in a number of cases, those mates become mates for life! It is not win at all costs nor should it consume many hours of training and practices each week.

We don't want children dropping out of sport because of bad experiences. We should be encouraging our students to continue playing a team sport as the benefits are immense.

My 'Top 10 Tips' to restore the balance:

1. Get rid of adult egos and understand that children join a team and play sport to have fun, learn new skills, test themselves or their team against others, work together and spend time with their mates.
2. Have parents on the side-line who support their children and their team, allowing them to play their game and who understand that mistakes aren't intentional and that the referee and coach are doing their best.
3. Have coaches who treat their team members with respect, by providing opportunities for players to learn the skills of the game and to get quality game time. You don't join teams to sit on the bench.
4. It is what you learn on the field, while playing against an opposition that improves your game.
5. We need to revert to seasonal sport to ensure children get to play and experience a variety of sports, as well as learning different skills. (NZ's last dual international for cricket and rugby was Jeff Wilson.)
6. Sportsmanship must be taught.
7. Ensure there are opportunities for all who wish to play a sport. Match abilities, weights and ages.
8. Encourage flair and innovative play as unpredictability is what the young bring to sport. Understand that children are not mini professionals and should be given the freedom to have a go rather than modelling their play on what the professionals do.
9. Reduce overtraining.
10. Competition is important – winning and losing must be experienced.

Sport is a natural extension of free play. Providing structure, rules and proper coaching adds another important dimension to children's lives, however, let's not take the fun out of sport by wholesale changes that take away the very essence of competition and pitting yourself against others.

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**Mr Peter Cassie,
Principal**

Presbyterian Schools Youth Conference

Whilst key staff from Presbyterian schools around the country were gathered at a conference at the College, invited Year 8 student leaders came together to take part in the annual Presbyterian Schools Youth Leadership Conference – a conference that focused on creating a legacy of service, the impacts of service and ways in which the students can create service opportunities that are meaningful and sustainable.

The two-day conference saw students from fellow Presbyterian schools, Rangi Ruru Girls' School, St Andrew's College, Scots College and St Cuthbert's College, join our own students from the Boys' School, Girls' School and College, to bond and work on ideas together.

On arrival, the students were piped to the front of Roselle House by Year 8 student, Charles Adams and then challenged by the Boys' School Kapa Haka group, led by Year 8 student, Sam McLeod. The day began with ice-breakers to become familiar with one another and in the following sessions, the students unpacked the concept of service, discussing what it meant to each of them and their schools. They also shared their experiences in taking part and witnessing service in their own communities. As a fun exercise, they performed skits in groups to demonstrate how service could look and different ways to offer it. Later, the students had the privilege of welcoming guest speaker and Jucy Group Director, Tim Alpe to speak to them about innovation and his experience in the world of business.

Over lunch, the students learned about the Social Enterprise, Eat My Lunch as they enjoyed one of their meals and the satisfaction of knowing that by purchasing a meal, they were also providing a meal for the less fortunate. Later, they travelled to Glen Innes School to learn about The Breakfast Club and the great work they do in the community, helping families in need with supplies and food.

Left feeling inspired, the students brainstormed different ways their own schools could serve others in their community. The following day, they travelled to the College to present their ideas to their Chaplains and Principals and took part in several leadership activities, before sharing lunch at Bruce House and hearing from Presbyterian Youth Ministry, Anne Overton speak about serving others.

The conference was a great opportunity for our students to further develop their knowledge of service and leadership. Each student left feeling inspired, each taking something different away from their experience. The students went on to share their knowledge, ideas and learnings with their peers.



\$36,760.00 Raised for World Vision

Efforts during the 40 Hour Famine this year saw a whopping \$36,760.00 raised by the Boys' School for World Vision. As part of their service endeavours, the boys, led by Student Council leaders, ran several fundraising events across all year levels to help the less fortunate in Sudan.

World Vision Ambassador, Cameron MacCarthy visited the boys to congratulate them on their efforts and share stories of how their contribution has helped Sudanese refugees. He mentioned the money raised this year will go towards providing students with the essentials that they need to attend school – such as stationery and school bags.

The visit from World Vision staff enabled our students to gain a greater understanding of the impact our school communities make, through fundraising endeavours, to help World Vision continue its work around the world. Well done to all the students and staff for their efforts to help raise funds.



Service Trip to Fiji



With thanks to Chaplain, Reverend Reuben Hardie

In recent years, the Boys' School and Girls' School have undertaken combined trips to Fiji and Vanuatu to give a group of Year 8 boys and girls the opportunity to offer service overseas. During July, twenty students, twenty parents and four staff made the trip to Fiji for the first overseas service venture of the year. Later in the year, a further two groups will travel to Vanuatu.

The group set off at the end of Term 3 to undertake work at Nawaka School, in their community and at a new school, Sabeto District School.

Saint Kentigern has a well-established connection with Nawaka, having now returned there five times, and the latest group to travel were warmly welcomed to the village. Even though it was a new experience for the Sabeto community, it did not take long for this new relationship to blossom, helped greatly by the warmth of our students and parents, and their willingness to work hard to complete our projects.

Each year, we grow in ambition in what we want to achieve for the community during our time there. This year, in three and half working days, we opened a new community kitchen in Nawaka, installing ovens, sinks, kitchen benches and painting the floor and walls of the kitchen inside and out. We created a new drinking tap area modelled on an existing area on the fields at the College, and installed a basketball area at Nawaka School at their request.

At Sabeto, we installed a new, large play fort, two outdoor tables and benches, as well as repairing an existing bench and restoring swings in the swing frame. We also repainted the rest of their playground area.

As well as this, we distributed clothes, bras - as part of our Uplift Project - shoes, sports equipment and hygiene packs to both school communities. One of the highlights this year was supplying toothbrushes and toothpaste to all the students at Sabeto - the excitement of the students and teachers will be long remembered as they rejoiced at receiving this practical gift.

As expected, our students were outstanding, whether it was mixing cement, painting, playing sport with the Fijian students or reading in the Year 2 classes. It is these connections and friendships made between our students and the students of Nawaka and Sabeto which really makes these trips so special. This was very evident when we took our students to support the Nawaka rugby teams at their annual rugby tournament. This was a great morning as Nawaka teams won three of the championship finals and our students loved being able to watch and support them as much as their teams enjoyed the extra support!





The trip went exceptionally well and it was great to see the strong bond with Nawaka School and Village that has spanned five years continue to grow in strength and to now see a new relationship with Sebetso School begin.

Our grateful thanks to so many in the Saint Kentigern community who donated items for inclusion in the container of goods that was sent to Fiji prior to our arrival. Your contribution helped make a difference to the communities we support and they were truly thankful.

The last word goes to Year 8 student, Sam McLeod, 'As rewarding as the work was, the smiles on the children's faces was the most incredible and humbling feeling. These kids have so little, but all it takes is for you to turn up and play with them to make their week. So, for anyone thinking of making such a trip, I would recommend it. There is a lot of hard work involved and so much fun along the way, but watch out, they are very good at rugby!'



Ready to Serve Passport

'Life's most persistent and urgent question is, what are you doing for others?'

Martin Luther King Jnr

In keeping with our Mission Statement: 'To provide education which inspires students to strive for excellence in all areas of life for the glory of God and the service of others,' Saint Kentigern schools have a strong service ethic and our students from Preschool onwards are encouraged to find ways to be of service to others.

Service does not always have to be about big issues; it can be acts of kindness, consideration and compassion in the classroom, at home and in daily living. It is these little acts of service that build a foundation for moral reasoning later in life.

The Boys' School Middle School 'Ready to Serve Programme' has been a new initiative this year, aimed to encourage our boys in Years 4-6 to find ways to consciously offer service in their daily lives. Each boy was issued a 'Passport' to help them create a plan and record the ways in which they have served.

The 'Passport' is divided into a number of specific acts of service and on completion of each section, verification is entered, with space for an illustration or photograph, and the student's passport is stamped. The aim is for the boys to be self-driven to offer help to achieve a full set of stamps.

From collecting for Foodbank, taking part in World Vision, giving from the heart on mufti days, assisting towards collation of our Christmas Hampers for Wymondley School, offering at least one term of service for a classroom chore and at least another month helping at home, to committing to a co-curricular activity and ensuring school lunches are 'wrapperless' to minimise waste and litter, there is plenty for the boys to focus on as they begin to gain an understanding of how they may be of service in their community.

In addition, there is one more stamp to strive for - 'Going the Extra Mile.' At Year 4, to complete their 'Passport,' they need one Extra Mile stamp, two stamps at Year 5 and three stamps at Year 6. This may be achieved by exceeding the expectations of one of the Ready to Serve Passport challenges or setting a whole new service initiative for themselves.

With three terms behind them, the boys are filling up the pages of their passports. This service learning allows our students to discover 'their best selves,' to come to an understanding of what it means to be of service, and begin the journey of developing lifelong habits of caring and compassion for others.

To stay faithful to our Mission Statement, we will continue to provide opportunities for pupils to put service into action; for service to become an intrinsic part of every Saint Kentigern students' outlook on life - to live The Saint Kentigern Way.



Boys' School Science Symposium

Would you eat food made from insects? Do you think you could run faster in a pair of biomechanical HiTex socks? Does colour influence taste? Is the right brain, the right brain?

There was certainly plenty to ponder at this year's Boys' School Science Symposium!

In the five years since the Science Symposium was first held, interest in attending the event has grown exponentially, so much so that the Symposium has outgrown JC Chalmers Hall and was held this year in the Jubilee Sports Centre to accommodate the Senior School students and their families who were keen to hear from specialists in their field of endeavour.

The aim behind the Symposium is to help students consider the possibilities of future learning and career pathways in the varied areas of science. It is timed to support the term's focus on the Science Fair for the boys in Years 7 and 8. With their work on display, the evening allowed the boys to communicate their findings back to their peers and the School community. It was an impressive display!

First to take the floor were science teacher, Mr Steven Tait and Year 7 student, Tex Ward to discuss Tex's entry for the Science Fair, his own innovation, a pair of biomechanical socks with extra elastic to assist muscle strength and speed. Tex believes he's on to a winner and his invention could prove to be the difference between a gold medal or no medal!

Our first invited guest was Dr Andrew Kralicek, the team leader of the Molecular Sensing Team at Plant & Food Research. Andrew is passionate about science and the potential it has to change our lives for the better. He has spent the last decade working out how to harness insects' amazing sense of smell to revolutionise the world of electronic sensors. Possible commercial applications range from human health, pest and disease detection, food quality and defence technologies. Dr Kralicek told the boys that to be a good scientist, they needed to learn to collaborate well, share ideas, be ever curious and not to be discouraged by a 'failure' as this can often lead to greater learning.

Keeping with the theme of insects, Year 8 students, Finn Watney and Tom O'Donnell were next to share their project - 'Bug Buffet.' With an eye to the future problem of how the earth can sustain feeding millions of people, they looked at the viability of whether eating insects could be a sustainable alternative in our diet and offer a solution to food shortages in over-populated areas.

Our final guest for the evening, Blair Smith from 'The Imagination Experience,' has a mission 'to inspire the next generation into the field of science in a time when the world needs science more than ever to address so many global issues.' He certainly caught the boys' imagination! From elephant's toothpaste to clouds of steam, giant smoke rings and flaming soap bubbles, he knew how to entertain both boys and parents alike, whilst keeping the questions to boys flowing. He reiterated Dr Kralicek's words to take failures as challenges. Ask why it didn't work, ask how it could be done differently and be forever curious.





Twenty Awards at Science Fair!

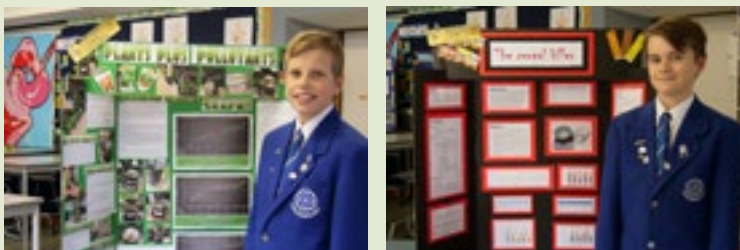
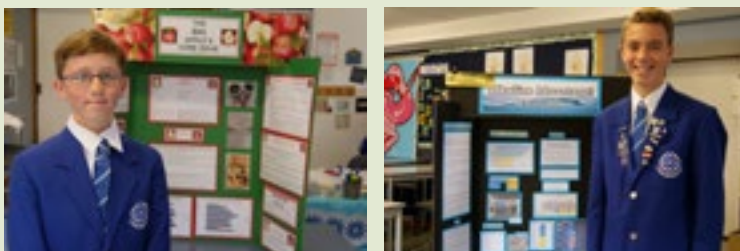
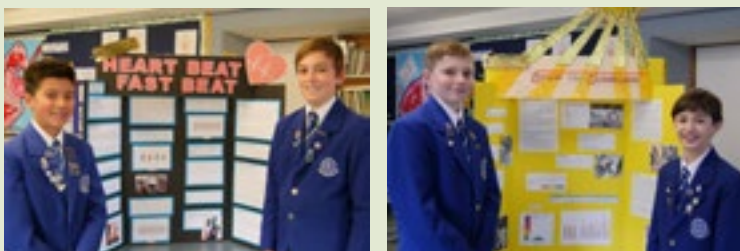
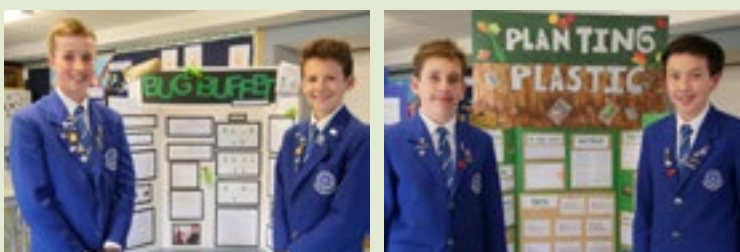
Following on from the Boys' School Science Symposium, a select group of young scientists from our Senior School presented their science projects for judging at the Auckland Regional NIWA Science and Technology Fair, alongside the top 200 projects from 29 schools within the central Auckland area. We were delighted that 17 of our boys were recognised for their outstanding achievements. Six of the projects were singled out for ten special awards!

Jack Scarlett was awarded first place in the Physical World category with his project, 'Crackle! Pop! Bang!' Jack's project involved testing to see whether different water temperatures used in the formation of a Prince Rupert's Drop, affects the strength of the glass head. He was also awarded with the Gold Sponsor's Award from the University of Auckland and his was one of only five projects chosen to represent Auckland City Science to be showcased at MOTAT later this year.

Coming second in the Human Behaviour category, was Luca Robertson and his project 'Game Brain Drain', which focused on the effect of computer gaming on visual and audio memory. Luca was also awarded the New Zealand Statistical Association prize. Hugo McKenzie, picked up third place in the Physical World category with his project, 'Headgear Fact or Friction'. He investigated whether changing the material that your headgear is made from, would reduce the force of impact on a player's head. He also received a Silver Sponsor's Award from the Science Awards Trust.

Another unique project titled, 'Bug Buffet', was presented by Finn Watney and Tom O'Donnell, looking at the viability of insects as a sustainable and nutritious food source. As well as a Highly Commended certificate, they also received First Prize from the Baking Industry Research Trust. Hugh Webber was awarded a Highly Commended certificate and two special prizes for his project 'That Sinking Feeling'. Using the context of the Christchurch earthquakes and liquefaction, he tested whether the depth of a building's foundations can prevent it from sinking. His two special prizes were awarded from the Geoscience Society of New Zealand and the New Zealand Statistical Association. Winning the Delta Education Supplies Prize for Innovative investigation in the Living World, as well as a Highly Commended certificate, was Jack Doherty's project 'Plants Plus Pollutants'. Jack investigated the impact pollutants in our waterways have on plants.

TOP PLACED CATEGORY WINNERS:			
Jack Scarlett	Crackle! Pop! Bang!	Physical World	First place and Special Prize
Luca Robertson	Game Brain Drain	Human Behaviour	Second place and Special Prize
Hugo MacKenzie	Headgear Fact or Friction?	Physical World	Third place and Special Prize



HIGHLY COMMENDED:	
Finn Watney & Tom O'Donnell	Bug Buffet (+ Special Prize)
Jack Doherty	Plants Plus Pollution (+ Special Prize)
Hugh Webber	That Sinking Feeling (+ 2 Special Prizes)
Alex Dunn & Daniel Haines	Planting Plastic
Will Ormond	Alkaline Advantage?
Cayden Lin-Vaile & Harry Becker	Heart Beat Fast Beat
Hamish Tye	The Cereal Killer
Fletcher Muthu	Man That's Cold
James Knottenbelt & Nathan Dick	Stop that Sunburn
Zach Freeland	The Big Apple's Core Issue



Sharing Musical Talent

Our Boys' School musicians have had a busy year with plenty of opportunity to share their musical talents, whether singing as a choir or playing as part of an ensemble.

The Performers' Choir made a memorable trip to Hawke's Bay to be hosted by Hereworth School, an independent day and boarding school for boys in Years 1-8. Saint Kentigern has a long-standing association with Hereworth, and the boys and staff were warmly greeted by their billets.



The choir spent time in workshop with fellow choirs from both Hereworth and Lindisfarne College during their visit, joining with each of their choirs for concerts, as well as performing at Te Mata, another local primary school.

The boys also had the chance to put on their 'tourist hats,' with visits to the National Aquarium and Napier's famous art deco waterfront, taking advantage of a spur of the moment decision to sing in St John's Cathedral! The boys sang 'God be in My Head' and with the exquisite acoustics, they sounded superb! The accompanying staff were beaming with glee!

Back in Auckland, the choir was pleased to welcome Southwell School from Hamilton, another school with whom we regularly share sports and cultural exchanges. This time, both choirs presented their work to a respectful Junior School audience who listened quietly, enjoying the opportunity to hear the older boys sing.

Later, it was the turn of our instrumentalists to learn from, and join in with, an older Concert Band from Lindisfarne College who had travelled to take part in the Auckland Band Festival. They were pleased to present their concert, finishing with our own Jazz Band joining forces to play the irrepressible, clap-along 'Happy!'

A Taste of the College

Biology, chemistry, physics, premier sports training, a touch of drama and a bit of fun in food technology were all on offer when our Year 7 boys paid a visit to the Pakuranga Campus to gain a sense of College life. The boys began with lunch at Bruce House before setting off to get involved.

In the Science Centre, the boys were given a taste of biology and physics by the College Science teachers. Peering into high powered microscopes brought gasps and 3D printed miniatures of the skulls of our early ancestors gave plenty to discuss, whilst in physics there was no shortage of volunteers willing to try to make an aluminium bar 'sing' in a squealing, high pitch by rubbing with rosin!

The students could select an option for the second session to get a glimpse of the co-curricular programme. The boys could choose to take part in a training session with the coaches of 1st XV Rugby, 1st XI Football and 1st XI Hockey, try out a session in the fitness centre, or delve into some Theatresports or try their hand in the Food Technology kitchens.

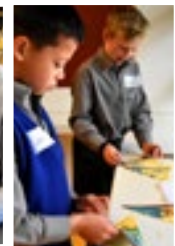
The boys thoroughly enjoyed their visit and we sincerely thank the College staff who forfeited their lunch break to give our students a 'taste of life at the College.'



Art and Nature - A Day of Two Parts

Education beyond the classroom can have a profound effect on our boys' learning as they encounter new and memorable experiences beyond the school gates - and hear first-hand from experts who can answer their many and varied questions with authenticity.

On a recent trip to Titirangi in West Auckland, our Year 3 boys were given insight into aspects of New Zealand's history, gained understanding of the use of motifs in art, and learnt about native flora and fauna indigenous to the area. With the day split into two parts, the boys spent part of the day at Te Uru Waitakere Contemporary Gallery in Lopdell House and, in complete contrast, also visited Arataki Visitors' Centre on Scenic Drive for a guided bush walk in the Waitakere Ranges.



Te Uru is a small, eclectic gallery with a constantly changing display of work.

On the day the boys visited, the exhibition was focussed on examples of local contemporary art and fashion influenced by Pacifica. Pacific-inspired patterning was to be the theme of their own artwork in the later workshop, so the boys took careful note. Gallery educator, Jodi pointed out connecting themes and the cultural motifs the boys could look out for. Faces lit up when they spotted the familiar, Air New Zealand uniform on display with its koru motifs and Pacific inflection!

Leading up to the trip, the boys had been learning about how the early Polynesians migrated to New Zealand. Jodi explained how the first Polynesian explorers sailed to New Zealand in wakas lashed together with fibres and how this differed from the first arrival by Captain James Cook, and the following Europeans, who arrived by large sailing ships. The boys learned that despite the different vessels, both sets of early explorers to our shores had something in common - they used nature to find land. Water, currents, the wind, stars, migrating whales, birds and clouds were all used to assist navigation in their discovery of New Zealand. The boys were given the task of designing a sail with motifs that told the story of that journey. The boys set to work and, thinking back on all they had heard and seen, created some great pieces!

While waiting for their artwork to dry, it was back on the bus to visit the Arataki Visitors Centre. Before they could enter the bush, their guide, Simon, explained about Kauri dieback and showed the boys how to disinfect their shoes effectively before entering the track to protect the trees. On the walk, Simon spoke about how the early settlers made use of the bush from finding building materials to making medicine - and even deodorant! The boys could also see how motifs such as the unfurling koru they'd seen at the gallery had nature as inspiration.

The boys heard about the negative impacts that logging has on the forest and how predators are a threat to our native animals. They learnt that possums are one of New Zealand's biggest issues and that there are currently an estimated 70 million of them who chew their way through 21,000 tonnes of choice green shoots, fruits, berries and leaves in our native forests each night - that's the equivalent of eating 190 million hamburgers! Their voracious appetites are destroying our forests and the boys heard about steps being taken to control this problem.



The boys were blessed with a superb spring day for this trip which turned into a fabulous day of learning in two contrasting environments linked by nature.

We thank Jodi, Simon and the parent helpers for their expertise and time spent with our boys.

Speech Competition

The hall was packed as selected Middle and Senior School speakers presented their speeches at this year's Speech Finals. Students in Years 4-8 spent the term crafting their original speeches before they were shortlisted to present in front of adjudicators, Erica Kroger, Sonia Gray and Wendy Petrie.

From motivational messages, educational tips and entertaining pieces, the Year 4-6 students covered a wide range of topics. Winner, Sebe Poole spoke about 'The Art of Procrastination' and the four different types of procrastinators - 'the anxious procrastinator, the fun procrastinator, the plenty of time procrastinator and the perfectionist procrastinator.' Johnny Ormond placed second with his speech, 'Be Positive', and Ben Robertson and Toby Wigglesworth received special mentions for their speeches on integrity and surnames.

The Year 7-8 students spoke about topics such as being resilient, using your imagination and entrepreneurship. After much deliberation, the adjudicators named Sam McLeod the winner as he spoke with great emotion about resilience and how it is important to 'Bounce Back' when you are faced with challenges. Second place went to James Hiddleston for his speech on 'Bare Feet v. Shoes' and how as a Kiwi, he loves the freedom of wearing bare feet. Due to the high calibre of performances and the tough decision of choosing the winners, the adjudicators created a 'Highly Commended' award for Seth Mellis - Glynn who spoke about 'Nursery Rhymes and What They Teach Us'.

All finalists were scored on their delivery and presentation, content and engagement, use of language and overall impact and message.

Both Sebe and Sam went on to win their age groups in the Remuera Lions Speech competition - a double win for the Boys' School! Well done boys!



Sebe Poole
Middle School Winner



Sam McLeod
Senior School Winner



Middle School Speech Finalists



Senior School Speech Finalists

MIDDLE SCHOOL SPEECH WINNERS

1st	Sebe Poole	6AB	The Art of Procrastination
2nd	Johnny Ormond	6AB	Be Positive

MIDDLE SCHOOL SPEECH FINALISTS

Max Carr, Will McLeod, Scott Nel, Theo Colyer, Jacob Hageman, Toby Wigglesworth and Ben Robertson

SENIOR SCHOOL SPEECH WINNERS

1st	Sam McLeod	8LG	Bounce
2nd	James Hiddleston	7DB	Bare Feet
HC	Seth Mellis-Glynn	7BH	Nursery Rhymes and What They Teach Us

SENIOR SCHOOL SPEECH FINALISTS

Rafi Newland, Joe Robertson, Adam Andrews, Harry McNamara, Will Ormond, Thomas Hageman and Luca Robertson

Saint Kentigern Wins with Words!

Each year, Remuera Library organises a writing competition for Year 7 and 8 students who live or attend school in Remuera. Students are invited to submit a narrative of no more than 500 words. They may write on any subject of their choosing but each year there is the option of writing a piece for two special categories. This year's special topics were 'My Maunga - my personal mountain' and 'Once my Grandpa told me...'

Over the years, Saint Kentigern students have regularly entered the competition, often with success, but this year was our most successful ever!

Six senior Boys' School students were selected from hundreds of entries as 2019 finalists and were invited to a prizegiving at the library. Each of the selected students had passages of their writing read aloud to the audience, received their prizes and had their work presented in a book produced by the Library.

Year 7 student, Billy Simpkins was named the overall winner of the Year 7 general category with 'The Lost Memory' - a dark twist on the story of the ill-fated airship, Hindenburg. Year 8 student, Eddie Biss was the winner of the special category 'My Maunga' with 'Spirit of Rangitoto' - a story of revenge by the Maori god, Rangitoto, with a modern ending. Both of these pieces were exceptional pieces of writing.



Four further Boys' School students were awarded as Runners Up to the winner: Nathan Dick for 'The Thing,' Hugh Webber for 'Operation Cookie Jar,' Maxwell Clarke for 'The Spark' and Devaansh Gupta for 'Ice.' Congratulations to all these students for their winning way with words!

Robocup Win!

Robotics teams from around Auckland gathered for the 2019 Auckland RoboCup Competition, which entailed teams of students quickly programming robots to navigate a range of challenges.

This year, the Boys' School Robotics Club entered three teams in the Open Division of Robo Soccer event which involved 'soccer' teams, with two robots on each side, competing against each other to control and 'kick' an infra-red transmitting ball into the opposition net. All the club members spent many lunchtimes designing, building and programming their robots in the months before the competition to hone their skills and quick decision making.

Robotics offers 'five subjects in one' as it draws on the boys' skills in Science, Computer Science, Technology, Engineering and Mathematics to meet the challenges. Using Lego Mindstorms EV3 Education Kits, the boys work on different challenges each week, collaborating in small groups to design, build, programme and test their robots. Students who undertake robotics are challenged to be creative in their design of programs and to develop excellent problem-solving skills. On the day, the competition encompasses not only these skills but also encourages sportsmanship, the sharing of ideas and teamwork.

After a tense day of competition, the team comprising Luca McKeown, Eason Paini and Tom Peters took their place in the final round, winning their event 3-2 to finish the day as Auckland Regional Champions in the Open Soccer. Well done boys!



Protect Your Brain, Train Your Brain!

Earlier in the term, our Year 2 boys undertook an inquiry into 'how the brain works,' with a particular focus on thinking – their young minds absorbing the most incredible details and range of facts!

Over a number of weeks, they discussed how the brain works; how people think in different ways; considered what it means to have a growth mind-set; how they can 'think about their thinking;' how they can think about other people's thinking and respect their opinions; and how they can 'think about their learning' by trying new things or finding new ways of doing familiar things.

The boys learnt that the brain is the hardest working part of their bodies – the brain tells their lungs to breathe, their hearts to beat and their organs to function. Their brains let them see, hear, touch, feel and smell, and their brains give them the ability to think, remember, reason and have feelings – and it needs a good night's sleep to rest!

The brain is so important that it has four layers of protection, including the skull (ask a Year 2 boy to name the other three layers!). To illustrate the importance of brain protection, the boys did a very simple experiment with eggs. Shake an egg in an empty jam jar and the inevitable happens. Shake an egg in a closed jar of water and no matter how hard the boys tried, the shell did not crack – until, 'inadvertently', it hit the ground with force and exploded! This was an excellent illustration for the boys of the importance of wearing a bike helmet as protection. But it also gave them cause to think a little deeper – what would have happened if the jam jar had been given an extra layer of protection? This gave them a chance to put forward a hypothesis and test their thinking.

To support their learning, they were fortunate to welcome neuroscientist, Dr Brigid Ryan, PhD Research Fellow (Curtis Lab) from the Centre for Brain Research at The University of Auckland to work with them. Dr Ryan set up three stations of interest, two of them to tax the way the brain works.

From a relatively early age, we can all button up a shirt, but what happens if you have impaired use of your limbs as a result of a stroke? The boys discovered that it was no easy task to dress themselves and do up a set of buttons with just one hand! Another task required them to trace around a star by only looking at its reflection in a mirror. This took some thinking to train the brain and hand to co-operate. By far the favourite, however, was the third station – the opportunity to sit with Dr Ryan and handle brain samples. They had the chance to see and compare the brain of a rat, a cat, a chimpanzee and a human (for ethical reasons, we were not allowed to photograph the human brain), considering its form and size, relative to each animal.

Finding new ways to think has continued with the boys becoming confident with de Bono's Six Thinking Hats, giving them new ways to expand their thinking. Dr Edward de Bono devoted his life to encouraging people to approach thinking as a skill that can be learned and improved.

De Bono said, 'You can analyse the past, but you need to design the future.' These boys are our future and we are equipping them with the skills to make it a bright one. For now, they have learnt the importance of being a 'wise egg' and protecting their brain, and that their brain can be trained to master new skills.



House Music and Haka

HOUSE MUSIC CUP	
1ST	CHALMERS
2ND	CARGILL
3RD	HAMILTON
4TH	WISHART

It's been two years since the boys last competed for the House Music Cup and it was worth the wait - what a fantastic, rebel-rousing afternoon of song and action from our House choirs!

The Houses once again took on the challenge to create extra-large choirs to sing in unison; not an easy task when four excitable groups of almost 150 boys from Years 0 - 8 take to the stage to sing as one!

Under the watchful scrutiny of guest judge, Miss Mary Lin, Head of Music at the College, each House had their chance to impress. The theme this year was Rugby Anthems, in recognition of the Rugby World Cup, with each House selecting a song of their own choosing. Like any good rugby match, the volume was there, and surprisingly, so was the tunefulness!

Cargill opened with 'Ireland's Call,' complete with an Irish band and jig, with Charles Adams (Year 8), Frankie Fitness (Year 6) and George McGuinness (Year 6) taking the solo spot. Chalmers' 'World in Union,' introduced in Japanese by Cayden Lin- Vaile (Year 8), was a

bright blaze of waving world flags! Louis Kwok (Year 2) sang solo, and Oscar Horton (Year 8) and Freddie Gardner (Year 8) sang in duet for Chalmers. Wishart picked up on England's theme, singing 'Jerusalem' with fervour. Last to perform, Hamilton chose to reflect our Scottish roots, all in tartan sashes with bagpipe support to sing 'Flower of Scotland.' Year 8 student, George Wilby took the opening solo.

Judging was no mean feat as Miss Lin applied the criteria based around articulation, presentation and the involvement of the all the boys. Musicianship and overall performance were the final factors separating the groups as Miss Lin looked for dynamics, rhythm, pitch, actions, and even their self-presentation as they moved on and off stage. And, most importantly, the sheer degree of enjoyment they brought to the performance to share with their audience! In her final summation, it was Chalmers outstanding rendition that won, followed by Cargill, Hamilton and Wishart.

This year, for the first time, each House was offered a second opportunity to impress. Transferring from the hall to the gym, each

The Boys' School Haka

The Boys' School Haka was developed in 2010 to symbolise our School and the 'Miro Miro' concept of the 'older one looking after the younger one.' Senior School teacher, Mr Kurt Dorset, helped devise the words with Mr Hemi Dale MEd, PGDipArts, BA, DipTchg, Senior Maori Lecturer at Auckland University at the time.



HOUSE HAKA CUP	
1ST	CHALMERS
2ND	CARGILL
3RD	HAMILTON
4TH	WISHART

HAKA: TŪ TANGATA Kaea = haka leader Kapa = group		HAKA: TŪ TANGATA Translation	
Kaea:	E te Kura e, Kia whakamiromiro au i ahau e!	Kaea:	Saint Kentigern Let us transform ourselves in to miromiro birds
Kapa:	I au au auē hā hī!		
Kaea:	Tēnei mātou e tū ake nei, Te mihi atu nei ki a koutou ē	Kaea:	This is us standing proudly, welcoming you all
Kapa:	I au au auē hā hī! Ko te piko o te māhuri Tērā te tupu o te rākau	Kapa:	It is said that the way the sapling is bent; is how the tree grows
Kaea:	Poipoia, manaakitia rā	Kaea:	Nuture and care for us
Kapa:	Anō te pai me te āhuareka o te mahi tahi o te tuakana me te teina e	Kapa:	How wonderful is the working together of the tenia and the tuakana
Kaea:	Poipoia, manaakitia rā		
Kapa:	Whāia te mātauranga Kia manawanui rā Whāia te iti kahurangi Tū tangata mai rā	Kapa:	Follow the path of education and be steadfast in that pursuit. Follow your aspirations and stand proudly
Kaea:	Tūturu whakamaua kia tina,	Kaea:	Bind us all together
Kapa:	Tina!	Kapa:	Bind us tightly
Kaea:	Haumi e, hui ē...	Kaea:	Join us together as one
Kapa:	Tāiki e! Hī!		



House gathered to present the School Haka to assembled parents, each with their own interpretation. Noah Whata led Chalmers; Hugo Wigglesworth, Sam McLeod and James Deacon all took a lead for Cargill; Tama Timu led Wishart and Ashan Weerasinghe took on the leadership for Wishart.

Visiting judges, Kandace Williams and Te Mihaia Matene, who facilitated last year's staff Te Reo course, judged on entrance, actions, pronunciation, synchronicity, facial expressions, leadership and the overall impact of the performance.

Prior to announcing the winners, the whole school, almost 600 boys, took to the floor to perform the haka in unison, led by Sam McLeod – what an amazing sight and sound as the boys gave it their all!

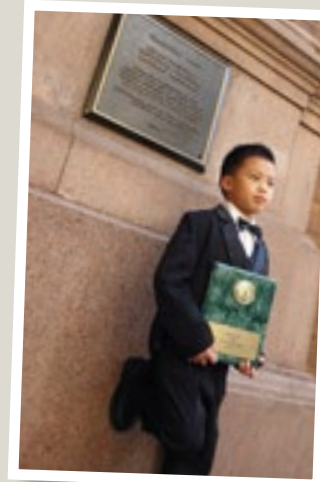
Chalmers erupted when they were declared winners for the second time that afternoon, taking advantage to sing out their House chant

We thank Miss Lin, Ms Williams and Mr Matene for spending time with our boys and the many parents who came along in support. Well done Chalmers!



Young Cellist Plays at Carnegie Hall!

Oliver Mar may be only Year 3 at the Boys' School but his musical talents have already taken him across the globe! Oliver began to show interest in music from a very young age, firstly learning the piano before starting on the cello at six and a half. His natural ability and willingness to learn soon became apparent and in a short space of time, he progressed very quickly.



His cello teacher told him that there are competitions all over the world, entered by submitting videoed recordings. If he entered, he could be offered the opportunity to perform at some famous concert halls around the world! Never one to shy away from a challenge, he practised hard to achieve this goal and earlier this year, Oliver was awarded third place in the American Protege International Piano and Strings Competition and 1st place in the International Music Competition 'London and Paris' Grand Prize Virtuoso. As a prize winner, Oliver was invited to perform at Carnegie Hall in New York, the Amphitheatre Philharmonie Paris and the Royal Albert Hall London! He chose to play at Carnegie Hall!

Reporting on his experience, Oliver said, 'I walked onto the brightly lit stage and looked out into the darkness. As I sat down, the hall turned silent. I thought about the piece for a moment, then I started to play. I filled the hall with lively music. I was completely mesmerised by the sound of my cello. As I played the last note, a great rush of pride rushed over me like a tidal wave!'

Wow Oliver, what an incredible experience!





YEAR 0-3 HOUSE RESULTS (No House points recorded for Years 4-6 due to the weather disruption)

1ST	CARGILL
2ND	CHALMERS
3RD	HAMILTON
4TH	WISHART

Weather Disrupts Cross Country!

When the heavens opened to deliver a never-ending downpour in the days leading up to the Year 4-8 and Year 0-3 cross countries, the decision was made for the first time in memory to postpone the racing. As a result, the Year 4-8 races were split over two days the following week.

Cross Country is traditionally a House event where students gain House points for participating and placing but due to the weather disruption, the subsequent Year 4-8 event was made non-compulsory for students in Year 4-8 and consequently no House points were awarded.

With racing resumed for those who chose to run, strong winds tested the boys' stamina and speed and proved challenging for some, however, some excellent times were still recorded. Despite the weather, it was great to see plenty of support on the side-lines!

The rain didn't let up for the Year 0-3 event, scheduled a few days later, so this too was postponed for the first time. The new date dawned bright and clear and provided perfect conditions for our youngest boys to run. As the format was unchanged, the Junior School boys were awarded House points resulting in a win for Cargill.

Well done to all the boys for a great effort and especially to those who gained podium places!

Year 0 Champions

1st	Jack Stephens	CA
2nd	Archer Hill	H
3rd	James Bruford	H

Year 1 Champions

1st	Edward Moon	H
2nd	William Johnston	CH
3rd	Jeffrey Chen	CA

Year 2 Champions

1st	Austin Watson	CH
2nd	Thomas Bottomley	CA
3rd	George Lyus	CA

Year 3 Champions

1st	Hugo Gordon	CH
2nd	Eden Reynolds	CH
3rd	Marco Manson	CH

Year 4 Champions

1st	Zacharia Dalzell	CA
2nd	Benjamin Durose	CH
3rd	Ben Robertson	H

Year 5 Champions

1st	Miki Cronin	W
2nd	Harry Sisam	CA
3rd	Tom Carter	W

Year 6 Champions

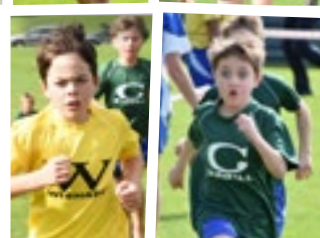
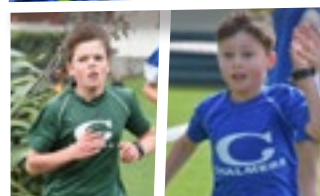
1st	Ben Worrall	CA
2nd	Max Trankels	H
3rd	Sebe Poole	CH

Year 7 Champions

1st	James Hiddleston	H
2nd	Benjamin Gordon Glassford	CA
3rd	Harry McLeod	W

Year 8 Champions

1st	Luke Gibson	W
2nd	James Crosbie	CA
3rd	Ashan Weerasinghe	H



Eastern Zone Cross Country

The selected Year 7 and 8 teams who went on to compete in the Eastern Zone competition gained outstanding team results! The Year 7 team placed second overall and the Year 8 team placed first. Well done!

Year 7 team: Joshua King (5th), Benjamin Gordon-Glassford (8th), James Hiddleston (10th), Oliver Davies (12th), Monty Simpson (23rd), Luca Joint-Rotondo (24th), Harry McLeod (25th) and Hayden Callander (26th).

Year 8 team: Luc Quesnel (6th), Hugo Wigglesworth (9th), Cayden Lin-Vaile (11th), Harrison Klouwens (15th), James Crosbie (18th), Ashan Weerasinghe (19th), Oscar Aitken (24th) and with special mention, Luke Gibson who placed third overall. Well done!

YEAR 5 AND 6 ZONE COMPETITION

Our Years 5 and 6 teams also won their zone competition with Benjamin Worrall placing first overall in the Year 6 event!

Year 5: Harry Sisam, Ethan Mora, Miki, Hugo Bricklebank, George Corbett, Carter Thomas, Fredrick Littlewood, Toby Wigglesworth.

Year 6: Benjamin Worrall, Dylan Harding, Max Trankels, Angus Paterson, John Ormond, Sebastian Poole, Oscar Innes, Ryan Harding.



Interzone Cross Country

After a win in the Eastern Zone competition, the Boys' School Year 8 Cross Country team went on to win the Auckland Inter-Zone Cross Country Championships held at Pukekohe. Well done boys!

Team: Oscar Aitken, James Crosbie, Luke Gibson, Harrison Klouwens, Cayden Lin-Vaile, Luc Quesnel, Ashan Weerasinghe and Hugo Wigglesworth.



Winter Sports Round Up

With thanks to Director of Sport, Mr Duncan Grant

The winter season always brings a buzz around the school grounds, as boys sign up for the various sports and trial for a place on the teams, showing their skill set to the best of their ability. We welcomed two visiting schools over the winter - Hereworth School from the Hawkes Bay and Scots College from Wellington. These occasions are great for the boys to play other schools from different parts of the country, billet them and show them the highlights of Auckland City and on both occasions, the scores were in our favour.

Rugby

Our Rugby teams had a successful year. The Year 5/6 under 40kg team won the Remuera Zone Field Day. The Year 7/8 1st XV had a great year retaining the shield for most of the season but they narrowly lost a game to King's at the end of the season and relinquished the shield. This year, competition was close between the 1st XV's from all schools, which made for an exciting rugby season.



Hockey

Hockey had a rebuilding year but held their own in the competition. They have been fortunate to play on the new Baradene water-based Astro turf a couple of times this season which has been a great experience.



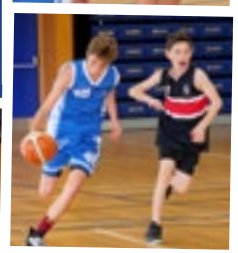
Football

Football has had another strong season. They won the shield off King's at the beginning of the season only to lose it back to Kings later in the season. Both Year 7 and 8 Eastern Zone football teams made it through to the finals but both narrowly lost to Sacred Heart College.



Basketball

It was another successful term for basketball with approximately 80 boys from Year 3 to 8 playing in the weekly ABSL tournament. The Year 7/8 Hawks team had an exchange with Scots College from Wellington that they all thoroughly enjoyed. The Year 7/8 Hawks also went to the AIMS Games where they were out-sized but not out-muscled and put in a solid performance to finish 22nd out of 64 teams.



Great Results on the Ski Field!

This year's Year 7-8 ski team was the strongest we've ever had, and they were hungry for victory at the North Island Intermediate Ski Champs! They didn't disappoint and cleaned up the overall schools' title. There were great individual performances with Sebastian Lynne finishing as 2nd overall and Morgan Lay 3rd overall, as individuals.





Aims Games Swimming and Tennis Medals!

The Boys' School came home with gold, silver and bronze after a fantastic week of sporting competition for selected Year 7 and 8 students at the AIMS Games in Tauranga. Attending one of the biggest sporting events in the southern hemisphere, with a record 11,500 athletes taking part in 23 sports, representing over 365 schools from around New Zealand and the Pacific, this was a non-stop week of sporting competition!

The Boys' School entered competitors in a range of team and individual sports including swimming, tennis, basketball, football, futsal, waterpolo, sailing, cross country, gymnastics and mountain biking. In some instances, competitors from the Boys' School joined with those from the Middle College to form the strongest combined squads.

Saint Kentigern has some very competitive swimmers and with the swimming results from the finals tallied across the campuses, their combined points contributed to Saint Kentigern being named as the top school for swimming, winning gold. Boys' School student, James Crosbie won bronze for the third overall boy, and fellow students, Harry Klouwens and Mark Galloway joined with James and Alex

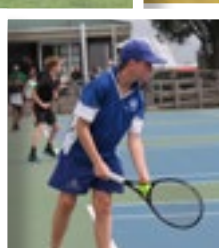
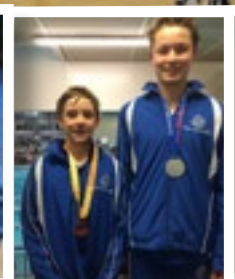
Campion from the Middle College to win the 200m Medley Relay. Well done swimmers!

Success continued on the tennis courts for the boys with Lev Gorb earning bronze in the singles with fellow students, Max Richardson and Eddie Biss, combining for the doubles to win silver for the Boys' School. The combined points from Lev and Eddie in the singles, went towards them winning gold as the top boys' tennis team at the competition.

Whilst none of the team codes placed, there was much to enjoy and learn for these students.

Whilst coming home with medals is fantastic, the AIMS Games is as much about taking part and experiencing a taste of competition away from home, which was a first for many. It has been reported back that our students were exemplary in their behaviour and it didn't go unnoticed. Well done for sporting our blue and white with pride!

Our sincere thanks to the staff and parents who accompanied the students for their time away.





Father and Son Breakfast

An 'ad' for Adventure!

Every year, without fail, a willing band of Boys' School mothers set up kitchen to prepare breakfast for a sell-out crowd of over 750 hungry boys and their dads over two mornings! Amongst the cereal, hotcakes, bacon and fruit on offer is the 'world famous in Remuera' Father and Son Bacon and Egg Pie. Forty-four enormous, home cooked pies are prepared for cutting into 375 pieces for each of the two mornings. That's a lot of pie! The smell is heavenly, and it doesn't stay on the plates long!

Each year, we welcome a speaker to our breakfasts and generally leave with a very strong message of inspiration. Parents and Friends Chairperson, Craig Irwin, was pleased to introduce Professor Simon Mitchell, a doctor and scientist with specialist training in diving medicine and anaesthesiology. He works as a consultant anaesthetist at Auckland City Hospital and is Professor in Anaesthesiology at the University of Auckland. He is also an under-water explorer! Simon has done more than 6000 dives spanning sport, scientific, commercial and military diving.

Professor Mitchell had a very strong message for the boys – presenting his 'ad for adventure' he encouraged them to 'get out of cyberspace' and into something real-life and adventurous! He told the boys that current technology has no end of uses and advantages but not to let it rule their lives. In this risk-averse era, he challenged the boys to get out and test their own limits and discover what they can find. Taking on adventure at a young age can lead to life-changing experiences – as he knows only too well. He spoke to the boys

about one of his passions, the 'history and mystery' of shipwrecks, explaining that he has performed one of the deepest sea dives ever to a shipwreck to solve a historical mystery. He took up diving while still at school and it's an interest that has served him well. He also spoke of his good friend and colleague, Richard Harris, who was the doctor who anaesthetised the boys who were trapped in a cave in Thailand last year, so that they could be taken to safety through the flooded underwater passageways – an extraordinarily risky operation that saved the lives of all the boys.

It takes a huge number of parent volunteers to make this event happen. Over the three days of preparation and the two breakfast mornings, a team of 130 mothers, organised by Celia Motion, roll up their sleeves to get involved - including the famous pie makers, the set-up team, the serving teams, ticketing teams and of course the clean-up teams. For some, this means being at school by 5:30am on the two mornings to ensure breakfast is on the table with plenty of coffee and hot chocolate at the ready! When the extended Saint Kentigern family comes together, there are a fair few logistics involved, especially where the food is concerned!

Breakfast Team: Celia Motion, Sam Priddy, Denise Nel, Amanda Burn, Kate Watson, Sarah Wilby, Christie Dunwoodie, Anna Lindroos, Anna Perry and Jen Aspinall.

Our grateful thanks to the following sponsors: Jacks Coffee, Pacific Linen, The Gift Loft, Venluree

