



A MAGAZINE FOR THE SAINT KENTIGERN COMMUNITY



### Taking the Classroom Outdoors - Experiential Education

I hear and I forget. I see and I remember. I do and I understand.' - Confucius

'There is more to us than we know. If we can be made to see it, perhaps for the rest of our lives we will be unwilling to settle for less.' - Kurt Hahn

Kurt Hahn (1886 - 1974) was a key figure in the development of experiential education. He was the founder of the Atlantic College, the first United World College, the Duke of Edinburgh's Award, Gordonstoun, Outward Bound and Salem

Hahn believed that schools should not just be places to prepare for further education but that they were places to prepare for life.

Hahn's educational philosophy was based on respect for youth, whom he believed to possess an innate decency and moral sense but who were, he believed, corrupted by society as they aged. He believed that education could prevent this corruption if students were given opportunities for personal leadership and to see the results of their own actions. This is one reason for the focus on outdoor adventure in his philosophy.

Hahn believed that students could only really understand life by experiencing it in many exciting and challenging ways. By testing themselves, students would be able to develop their courage, generosity, imagination, principles and resolution. At the end of the day, they would develop the skills and abilities to become the guardians and leaders of the future. He also believed that the greatest thing one could learn – and inspire in others - was compassion.

Curriculum based learning programmes, which extend outside the classroom, provide opportunities for a vast array of positive outcomes in a student's education. These can range from museum visits to a sports trip, outdoor education camp or a historical village field trip for all levels of our school community.

At Saint Kentigern Boys' School, Education Outside the Classroom aims to:

- Provide students with opportunities to learn outside the classroom in all curriculum areas
- Promote appreciation of our heritage local, national and global
- Increase students' awareness and understanding of the traditions and values of their own and other cultural groups
- · Increase students' understanding of different perspectives on land, natural resources and the environment, and of the need for conservation management

- · Provide opportunities for service, enjoyment, adventure and challenge, both close to home and far away
- Provide students with opportunities to enhance spiritual, physical and mental well-being through uplifting experience in the natural
- Develop students' skills so they can move with confidence and safety in rural, urban and wilderness settings
- Help students develop respect for themselves and others by providing them with opportunities for personal and social development

We are incredibly lucky in New Zealand to have such a vast array of resources at our fingertips that allow schools to provide such opportunities that can only enrich our boys understanding and appreciation of our culture, community and the outdoors, as well as having staff willing, committed and prepared to undertake and offer these additional experiences.

In my 30 plus years of teaching, I have been fortunate to take many day trips to reinforce classroom programmes that provide greater insight into academic learning, coordinate outdoor challenges for various levels and lead sports and cultural exchanges both nationally and internationally. To see groups of students return from these additional activities excited and enthused with a deeper appreciation and understanding makes it all worthwhile.

Unfortunately as the years have gone by, schools are now also facing increasing challenges to continue to provide such experiences. Costs are rising and at times increasing red-tape causes us to rethink our plans while endeavouring to maintain the outcomes we want. Constant evaluation of activities undertaken outside the classroom continues to see us refine and if necessary adjust programmes to ensure we are providing the best possible experience according to the age and level of our boys.

Term I has seen all students from Years I - 8 involved in activities away from the school environment with Years 5-8 spending 3-4 nights away from school at various locations. In the Junior School, day trips brings their classroom learning to life while camps at Middle and Senior levels provide a progression of outdoor skills and challenges that focus on leadership, team building, socialisation and skills that will allow our boys to enjoy and appreciate the outdoors for the rest of their lives. Tenting, bivvy making, survival skills, cooking, filleting fish, water-based skills, overcoming challenges on confidence courses and living together are much needed skills that engage and excite our boys as well as challenging them to step outside their comfort zone. Integral to this is also the importance we place on living the values that we as an organisation uphold through real and meaningful service.

In the course of their EOTC experiences, students will gain new knowledge and understandings, skills and abilities, and attitudes, as well as building on those they already know - 'Skills for life and enjoyment of life!'











### Opportunity, Challenge, Achievement

#### **BOYS AT CAMP!**

As our boys in Years 5-8 head away to camp each summer, they leave with a little trepidation but return brimming with stories of newly discovered self-confidence, a sense of growing independence and the knowledge that they can find success in the face of challenge.

Our youngest group of campers, the Year 5 boys, set off on their first camp to Peter Snell Youth Village in Whangaparaoa, the Year 6's travelled to Sir Peter Blake MERC (Marine Education and Recreation Centre) in Long Bay, Auckland and the Year 7's to YMCA Camp Adair, an outdoor pursuits and education facility located in Hunua. In a new setting from last year's camp, our Year 8 boys headed down to Tauranga to McLaren's Falls Park to camp outdoors. Whatever the destination, the verdict was universal, it's one of the highlights of the school year!

I am at the top of the abseiling tower with my heel on the edge and an evil voice in my head. The more it talks, the more I believe it. I know I can do it but it says I can't. I have two choices; I can either die of extreme shame or minor brain damage (well actually I would rather die of old age). But that voice must be silenced or I will never conquer my fear of heights. I lean back on the rope. The voice says I can't but my instinct is more powerful. I take my first step towards achievement. Yeh! Strange voice in my head, I win and don't even think about tricking me again!

Ethan Findlow, Year 5

The Year 8 Camp was a life changing experience. Other camps I have been on in my time at Saint Kentigern Boys' School involved comfortable cabins where hot cooked meals were prepared for us. Well, not this year! There were no toilets, just port-a-loos at the Year 8 Camp at McLaren Falls Park in Tauranga. There were no good chefs to cook us food, just us to cook our own food on gas cookers! There were no cabins either. Just tents. Overall Year 8 camp was a life changing experience. It made every single boy more independent and responsible.

Charles Jones, Year 8

My turn to abseil was next, my heart was pumping, I went to the top and I had to believe in myself. There was a voice in my head saying, 'you can't do it you are scared of heights' and there was a voice saying, 'you can do it, if you try.' I got hooked up. I was too scared to do it so I went back down the ladder. I watched and watched other people then the bell rang to go to the next activity. But I stayed and I went up there and I did it! Mrs Williams gave me a high-five. Always believe in yourself!

Alexander Coates, Year 5

As I paddled I was frightened. What if the kayak tipped over or if I would drown. When I first started, I was a bit shaky so another instructor talked me through the basics. A few minutes later the teacher towed me to the others. When I reached the shaky pontoon I was asked to dive down deep into the salty sea. I was so scared but I took a deep deep breath, dived down and it was like a sub-zero freezer down there!

Jonathan Benjamin, Year 5







I was doing archery with my group and the tension was building up in my arm as I pulled the string back, until the plastic feathers touched my cheek. I tried to clear my mind of any distractions. I had to focus and concentrate, if I was to hit the board. Then that little voice got into my head. What if you miss? What if it fell short? I got angry at it and pulled a bit too much. When I let go, the arrow went off course!

Alexander Dennis, Year 5

### Boys' School Prefect Team 2014



n the first day of the new school year, the 2014 Saint Kentigern Boys' School prefects were commissioned at a special service attended by their parents and invited guests. It was a particularly proud moment for the parents; especially for those of the new Head Boy, Benjamin Lerner and Deputy Head Boy, Beck Robson. These are two fine young men who will lead the School well.

Reverend Reuben Hardie led the school in prayer, explaining to the boys that leadership at Saint Kentigern has service at its heart. Principal, Mr Peter Cassie welcomed Head of College, Mr Steve Cole and the newly elected College Head Boy, Sam Dakin. In introducing the College Head Boy to speak, Mr Cole said that Sam had shown all the right attributes for leadership — a hard working young man who stands on his own two feet, thinks of other people, is approachable and respected immensely by his peers. Sam spoke with great conviction about the nature of leadership and said whilst not all of the Year 8's could be prefects, they all had the ability to offer leadership to the younger boys in the School. He encouraged them 'not to sweat the small stuff' and to find the resilience to bounce back from disappointments and be the stronger for it — and above all to smile and enjoy what each day brings.

Mr Cassie came forward to challenge both Benjamin and Beck with the Prefect Pledge: 'Gentlemen, do you promise to uphold the values and standards of Saint Kentigern School and to serve its students, teachers and parents to the best of your ability and for the glory of God?'The boys then introduced the rest of their prefect team to the School as they in turn accepted to the duties of leadership.

The School is fortunate to have a large number of boys capable of student leadership at the highest level, making it extremely difficult to cast the final choices. The successful candidates must demonstrate a balance of confidence and humility while possessing initiative and having the respect of their peers. This year's team were all chosen for these attributes. Congratulations!

#### PREFECT TEAM 2014

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Head Prefect:	Benjamin Lerner	
Deputy Head Prefect:	Beck Robson	
Council Chairman:	Beck Robson	
Chapel Prefect :	Josh Hawkesby-Lyne	
Academic Prefect:	Samuel Looker	S.A
Sport Prefect:	Thomas Maloney	
Cultural Prefect:	Caleb Pese	
Cargill Leaders:	Ollie Kriechbaum and Zac Mor	row
Chalmers Leaders:	Bronson Gleye and Lucas Osbo	orne
Hamilton Leaders:	Maia Scott and Jordan Warren	
Wishart Leaders:	Scott Puni and Gibson Nevill	

#### HEAD BOY: BENJAMIN LERNER



Benjamin is in his eighth year at Saint Kentigern Boys' School and has consistently been a hardworking and reliable student. He is well known for his passion for music! He truly lives the School values, last year receiving a 'Student of the Term' Award for his resilience and energy to perform at high standards in academic, cultural and sporting arenas. Benjamin blends his academic strengths with his musical ability, having won the Instrumental

Section on the saxophone in the School Song Writing Competition, the Middle School Music Cup and has received numerous Gold Awards in the Lewis Eady Music Competition. He is fully involved in all aspects of school life and aims to lead by example.

#### DEPUTY HEAD BOY: BECK ROBSON



Beck joined the School as a new entrant at the start of 2006 and is a fine example of a Saint Kentigern boy. He shows leadership in and out of the classroom and his enthusiasm brings the best out in others. Beck has excellent work habits and a continued enthusiasm and willingness with his learning that has seen him as the recipient of numerous Principal and Dean Awards. A keen public speaker, Beck enjoys cricket and flippaball and always sets

an example of fair play and sportsmanship. Beck's teachers describe him as displaying kindness, sincerity and a peacefulness in all areas of his life. Beck is also chairman of the student council.





Cargill Leaders: Ollie Kriechbaum and Zac Morrow



Chalmers Leaders: Lucas Osborne and Bronson Gleye



Hamilton Leaders: Jordan Warren and Maia Scott



Wishart Leaders: Gibson Nevill and Scott Puni



### We are One People

#### 'HE IWI TAHI TATOU'

The Year 5 students took a step back in time this week when they visited the little known Karaka Bay on Glendowie's waterfront to stage a reenactment of the signing of the Treaty of Waitangi. This quiet stretch of beach is reached by a long, winding path and marks the spot where the Ngati Paoa tribe signed the Treaty in the months following the Waitangi signing.

There was much excitement from the boys as they left school dressed in period costume, some taking the role of the British, while others dressed as Maori chiefs. Leading up to the trip, they had written and prepared a short play to perform on the beach. (On the way, Year 5 teacher, Mrs Caroline Williams discovered the hard way that a full crinoline petticoat and a modern suburban bus are not necessarily a good mix!)`

Karaka Bay has a small community of ten households on the shoreline that can only be reached by the long, winding path. There is no street access; everything has to be walked in. Resident, MrTony Watkins kindly offered his time to talk to the boys on the beach. MrWatkins is Te Rarawa; his relatives signed the Treaty of Waitangi at Mangungu in the Hokainga and he now lives on the spot at Karaka Bay where the Treaty was signed in Auckland. He talked to the boys about just what a treaty means and how it came to mean different things to different people at the time of the signing.

Once the boys had eaten their lunch in the shade of an enormous pohutukawa, a table was laid out with the red ensign, re-creating the scene on the day of the signing in Waitangi. Teacher, Mr Anton Lorenzon took on the role of Captain William Hobson and those who had been assigned roles - the narrators, the missionary, William Colenso, James Busby and the chiefs, Tareha, Tamati Waka Nene and Hone Heke - came forward and delivered their lines with confidence. After each chief signed, they shook hands with Hobson who said, 'He iwi tahi tatou' - 'We are one people'.







#### NARRATOR

As well as the chiefs and their supporters, there were a number of Pakeha present, including local residents, missionaries, traders and sailors. Most of the chiefs were dressed in traditional costumes of cloaks, decorated with dog skins or the Pakeha were dressed in uniforms and the Catholic Bishop, chain, stood out from the other missionaries who were dressed in black.

A day of speeches followed. Some of the chiefs were strongly opposed to the Treaty. One of these was Tareha, a tall powerful Ngapuhi chief spoke in favour of the Treaty. Hone Heke, a

The hui continued. For a time the chiefs hesitated to come forward, then Busby began calling the names of the chiefs who belonged to the Confederation. One by one, beginning with Hone Heke, they came forward to sign. After each chief signed, they shook hands with Hobson who said, "He iwi tahi tatou" -













### Twins Meet Professor Lord Robert Winston

With thanks to Mrs Patsy Hindson, Science Teacher



A n amazing opportunity arose for a small group of our Year 8 boys, to join students from several local intermediate schools for a day in the LENScience classroom at the Liggins' Institute at the Auckland University. The Institute is where New Zealand's top scientists research early life nutrition and development, epigenetics and evolutionary medicine.

This was no ordinary day for the LENScience department as one of Britain's top scientists and fertility specialists, the world renowned Professor Lord Robert Winston from the Imperial College in London was their special guest for the day.

When faced with the task of selecting only four boys to represent the School, what better choice than two sets of identical twins, Henry and Sam Copley and Oliver and Charles Jones, not only because of their unique, shared genetic makeup but also because of their fascination and love for science.

The day began with an introduction to the research work that is currently being undertaken at the Liggins' Institute and a brief lesson on how the environment in our early developmental stages can impact on our health later in life

The students investigated the effect of exercise on their heart rates by measuring their pulse rates using data loggers and stationary exercise bikes. Both exercise and recovery rates were automatically plotted by the data loggers and the twins could see how their brother's heart rate patterns compared to their own. Professor Winston and the staff at LENScience were amazed at how Henry and Sam's exercise and recovery rates were almost identical.

The class was treated to a talk by Professor Lord Robert Winston about the work he has been involved in over the years, including interesting anecdotes from his 'Child of our Time' series.

After a shared lunch with the Professor, the boys returned to the classrooms where they met with a range of scientists in a more informal setting where they could talk with the professionals and ask questions about their work at the University.

The boys left the university that day, beaming from ear to ear as they had experienced an action packed day where they were immersed in the nature of science at its best.





### **Robotics**

With thanks to Mr Joe Johansen, Senior School Dean

The new options programme at the Boys' School has provided the opportunity to extend our Senior School programme by offering a wider range of learning experiences. Robotics is just one of the new subjects on offer and already there is a buzz of excitement as boys gather round to catch a glimpse of one of the many robots in action

We have purchased 40 Lego Mindstorms EV3 Education Kits which enable our boys to work in groups of 2-3. Each week, different challenges are set in class and the boys collaborate to design, build, programme and test their robots. Early on, the classes programmed their robot to act as a satellite to complete one automated orbit cycle of the Moon. Next they built and programmed their robot to follow a continuous, solid black line that works its way through our classroom

We have been fortunate to invite Mr Philip Ivanier, a Saint Kentigern parent and early developer of the Lego Robotics programme into our classes to teach the boys about his experiences with robotics. Philip is a big advocate of learning through experience by taking risks rather than following instructional manuals. This philosophy is very much part of our Senior School approach towards learning and has proven to be successful in classes thus far.

Every boy in the Senior School will have the opportunity to experience the challenge of Robotics – it's five curriculum subjects in one! Science, Computer Science, Technology, Engineering and Mathematics all spring to mind when our senior boys are engaged in the programme.













### A Visit to the Wintergardens

To link in with this term's science topic on 'Plant Functions and Processes,' the Year 8 classes at the Boys' School took a fascinating science trip to the Wintergardens in the Auckland Domain.

Opened in 1913, the Victorian style glasshouses are home to rare and spectacular plants in ever-changing, carefully tended displays. One house is heated and shows off lush tropical and heat-loving plants while the other displays temperate plants that change with the seasons. The boys soon discovered that it was like stepping into another world as they opened the doors to a hot and humid climate to be surrounded by an array of intriguing plants of all size, colour and scent.

The boys were given a special tour around the hot house by Auckland City Council horticulturist, Eveline Perl. She shared with the boys some interesting facts about the plants housed there and the great lengths these plants go through to get pollinated. The highlights for the boys were the giant lily pads and discovering the cacao tree - learning that it's the source of chocolate! Few could resist touching the Mimosa Pudica, known more commonly as the sensitive plant. A native to South America, the leaves suddenly fold inward and droop when touched or shaken, to protect them from predators - then re-open minutes later.

To complement the glasshouse tour, some of the Year 8 classes had a talk by Rachel Turner, an environmental scientist from Andrew Stewart Limited while others met with Dr Revel Drummond from Plant and Food Research. To link with their current science topic, the scientists explained the different functions of the plants and their adaptive ways for reproducing and surviving their species.

To conclude the visit, the boys toured the Fernery. In total contrast to the hot house, the Fernery occupies a cool, sunken scoria quarry and is home to wide range of New Zealand ferns. Here the boys actively looked for spores on the underside of leaves, having come to learn the difference between seeds and spores in the reproduction of plants.

The boys learned a great deal from seeing the plants first-hand, hearing experts in the subject and being able to ask questions. We would like to the thank Eveline Perl, Rachel Turner and Dr Revel Drummond for their time to talk and answer the boys' many queries.



College Welcomes Boys' School

The Year 7 students from the Boys' School were welcomed to the College campus for a taste of what to expect when they enter secondary school. The visit began with lunch in the dining room at Bruce House, the boarding facility, before the boys headed to the Science Block.

The boys soon discovered that the Science Block at the College is a most impressive learning centre with plenty of exhibits to capture the imagination. The boys were split into groups for a taster of physics, chemistry and biology with science teachers, Mr Jacob Naude, Mr George Wolken and Mr Simon Walker. Experiments were soon underway that resulted in plenty to learn and plenty of giggles — especially the experiments that oozed, sparked and caught them by surprise!

In the second part of the visit, the boys could choose whether to take part in a coaching session for rugby, football, athletics or drama. Tai Lavea, the coach of the World Champion 1st XV took the rugby boys for training while those who chose football were coached by former NZ football player, Chris Zorocich. The boys that chose athletics had the benefit of NZ decathlete, Scott McLaren while those that went to drama were taught by drama teacher, Dave Sheehan who coaches the most successful College Premier Theatresports team.

The Boys' School students thoroughly enjoyed the visit and would like to thank the College staff who so willingly made themselves available during their lunch break to make them feel welcome.









### Celtic Day

Without doubt the most favoured day on the school calendar for boys and staff alike, Celtic Day is our own special event to celebrate our Scottish heritage and acknowledge the founders of our School.

Originally conceived in 1998 to recognise the community's need for a celebration in honour of our Celtic roots, the result was a full day of both traditional ceremony and fun for the boys. It has changed little in its essential elements for 17 years, except for the inclusion in 2011 of the Kapa Haka group to stimulate one and all with a rousing challenge!

The subsequent parade of painted and 'tartaned' clans is led each year by the College Pipes and Drums. As the clans marched this year, the boys were brimming with pride and the smiles wide in anticipation as the older, more experienced boys took their young charges under their wings for the day. The transition boys from the Preschool were also there to join in the fun

All eyes this year were on the Chalmers clans as they moved en masse as a river of blue fish — an element from the story of St Kentigern - bringing a 'living, breathing piece of artwork' to the event. The hope is that other clans will follow suit next year to bring yet another dimension to the day.

At the official ceremony, Principal, Mr Peter Cassie made an announcement he may live to regret! At this, his second Celtic Day, he made it known that he has plans to learn the bagpipes. Not just learn them, but learn them well enough to pipe himself into a Prizegiving! He admitted to having a few months of practising on the chanter under his belt, but we will now all 'watch this space' to see if he can live up to his own challenge to deliver the goods in three years' time! Meanwhile, we enjoyed young David Allan's first public performance as he piped in the haggis.

Each year there is an address on 'matters Scottish' by a willing school parent with an authentic Gaelic accent. For the past eight years, that role

has been played by Mr Euan Allan, complete with a sense of humour and several bags of Mackintosh's Toffees, both of which appeal to the boys! This year he told them the tale of Greyfriars Bobby saying that 'It has all requisite ingredients for the perfect story - hardship, life, death, mystery, a strong moral and above all a cute wee dog! The overriding message was the value of loyalty in friendships.

The climax of the ceremonial part of the day is the recitation of Robbie Burns' Ode to the Haggis by the Head Prefect. Successive Head Boys have gone without sleep and twisted their tongues inside out in their attempts to master the fiendish soliloquy to the 'great Chieftan' o the puddin' race,' and each year the standard is unbelievably raised. This year's Head Boy, Ben Lerner took command of his huge audience in the Jubilee Sports Centre and delivered a polished performance which drew long applause and earned for him the award of the Sir William Wallace trophy.

It is the rest of the day that really sticks in the boys' minds - as our 480 tartan-clad young Brave Hearts prepared to do battle in their quest to become the top clan and ultimately the House Celtic Day Champion for 2014! Amid a rotation of activities including art, craft, cooking and history, the boys at some time during the day arrive on the Roselle lawn for a series of activities sponsored and managed by the Parents and Friends Association.

From the first strains of the bagpipe, to the last wet sponge thrown on the field, the day is universally acclaimed as 'the best.'This year's Celtic Day certainly lived up to its reputation providing the tradition, formalities, humour and excitement that our boys have come to expect.

As always, we must thank our Parents and Friends Association, chaired by Laura Lane, who do a fantastic job in providing support on the day from preparing shortbread for the guest's morning tea, offering haggis to the boys (who let's be honest, would have preferred the shortbread!), to being at the forefront of the games on the field. Our sincere thanks to a wonderful group of parents.



















#### **GREYFRIARS BOBBY**

200 years ago, Jock Gray was born in Forfar, Scotland. He moved from his rural home to the city of Edinburgh to find work and feed his family. Times were tough and jobs were few. Struggling to find regular work, Jock joined the Edinburgh Police Force. Crime was high and the life of a policeman was generally a short one. To make matters worse, he was assigned to the roughest, toughest part of the city which included the Grassmarket, Greyfriars churchyard, Candlemakers Row and the cattle market.



Jock was of good character and became very popular with the locals. Part of his charm may have been his choice of police dog, a Skye Terrier called Bobby! In those days, every single policeman had to have a dog on patrol and the two of them were inseparable for four years. But sadly, Jock became ill and died. He was buried in the graveyard of Greyfriars Church, part of their former beat. The morning after the funeral Bobby was found lying on Jock's grave. As dogs weren't allowed in cemeteries, Bobby was shoed away but the next morning, Bobby was back on the grave again and the next and the next. Eventually the Church wardens stopped chasing him away and from that day on Bobby spent every night sleeping on his old master's grave. He did this for 14 years until he died. He had become a famous dog and the year after his death a statue was erected outside the graveyard to commemorate Bobby's loyalty to his old master. The inscription on the statue's plaque reads 'Let his loyalty and devotion be a lesson to us all.'

Mr Allan told our boys, 'You are young but already you have formed strong friendships. The way you act in the future with friends, family, teammates, and in fact everyone you encounter, will determine how loyal they are to you. There are times in life when we all need help but you will come to learn that one of the finest values in life is loyalty to others.'



### Sports Exchange to Wellington

The Wellington weather lived up to its reputation when our 1st XI Cricket and Tennis teams arrived for matches against Scots College and Wellesley College. Horizontal rain and 120kmph winds played havoc with the games against Scots College, however, our ever-resilient boys made the most of the conditions – the tennis teams managed to complete all sets convincingly, winning the fixture. Cricket on the other hand was abandoned before a ball was bowled as Scots went into bat! Our boys showed class in their batting with a score of over 200 achieved in their 35 overs, Flynn Dudson and Stuart Macalister leading from the front and both achieving figures over the half century.

The boys left the Scots fixture unsure whether the conditions would improve for the upcoming matches against Wellesley College. Much to everyone's surprise, the day turned out to be a cloudless and windless Wellington day, perfect for sport. Wellesley's reputation as a strong cricket and tennis school had already been drilled into our boys from the Scots billets, however, we were also confident that we had the skill and expertise to compete.

As the day unfolded, our teams quickly asserted themselves on the field and courts. Lengthy rallies on the tennis court were not uncommon, and it was fantastic that our players stuck to the task at hand, retaining their composure and, at times, working hard for every point to come from behind to take out the match. On the cricket field, our boys fielded first and had Wellesley all out for just under 80 runs. Excellent bowling kept the run rate in check, providing an opportunity for our batters to secure the win. Ollie Kriechbaum led the way with a score just under 50, with the rest of the team chipping in to pass Wellesley's total under the allotted overs. Wellesley is right on the water and after the games, the boys were taken to jump off the wharf outside their school into the freezing Wellington harbour; a school tradition!

Our boys were exceptional ambassadors for Saint Kentigern. The boys returned to Auckland having acquitted themselves exceptionally well, and certainly enjoyed the opportunity to represent their school.

Thank you to the staff involved, Mr Duncan Grant, Mr Grayson Aspinall and Reverend Reuben Hardie for all their work to make the tour such a success. It will be remembered by the boys.





### Boys Take on Ocean Swim

In a first for the Boys' School, a group of swimmers travelled to the NZSS Triathlon Championship in Gisborne to take on the Ocean Swim and Aquathon event. They soon discovered, as did the College triathletes, that Gisborne had attracted some unexpected conditions for the event with high winds turning the sea into a boiling surf!

The boys had a good training day in moderate conditions on the first day but the location for the actual event was changed at short notice to ensure the safety of all competitors. The Aquathon was a 250m swim and a 2km run. The swim was difficult as the turning buoy was in the middle of the breaking surf. The ocean swim was also a challenging race as the boys needed to swim beyond the large swell, along the beach and then surf the waves back to shore before a quick sprint to the finish line. The distance of this swim was 500m.

All our boys gave their best and it was a great taste of competition for them at this level. Congratulations in particular to George Falconer who achieved a 3rd place in the U12 Boys Ocean Swim. Well done!





#### **U12 BOYS OCEAN SWIM**

George Falconer 3rd

Will Bason 5th

Jourdan Klink 7th

Teague de Jager I Ith

Nate Gilbertson 16th

#### **UI3 BOYS OCEAN SWIM**

Bronson Gleye 11th



Will Bason 4th

George Falconer 5th

Nate Gilbertson 13th

Jourdan Klink 14th

Teague de Jager 17th

#### **UI3 BOYS AQUATHON**

Bronson Gleye 15th





### Cargill win Swimming

The School pool had a refurbishment over the summer break and was looking fantastic ready for swimming. We had three days of fabulous summer sunshine and three days of fabulous swimming as the Junior, Middle and Senior School boys took to the water for the hotly contested swimming championships! By the time the final race was completed, seven records had been broken by Brendan Meyer in Year 4, Will Bason in Year 7 and Year 8 student, Sam Looker. Sam also holds the distinction of having been named as age group champion for seven of his eight Saint Kentigern years!

In another unusual record, there was not much room on the podium when all three of the Year 2 winners, Lachlan Hay, James Hiddleston and Jaden Renault Pollard, all shared first place on equal points!

AGE GROUP	IST	2ND	3RD
Year I	Max Trankels	Theo Colyer Scot Nel	3
Year 2	Lachlan Hay James Hiddleston Jaden Renault Pollard		
Year 3	Same McLeod	Ethan Knox	Matthew Phipps
Year 4	Brendan Meyer	Thibaud Willian	ns Archie Marshall
Year 5	Oliver Avis	Alexander Den	nis Mitchell Frazer
Year 6	Jourdan Klink	Samuel Don	David Allan
Year 7	Will Bason	Eamon Foley	George Falconer
Year 8	Samuel Looker	Theo Thomson	ZaharTate

HOUSE SWIMMING CHAMPIONS		
IST	CARGILL	402 points
2ND	CHALMERS	320 points
3RD		260 points
4TH	HAMILTON	217 points





### House Relays

The sun was blazing and House spirit was turned up in full swing as our swimmers battled it out for the title of House Relay champion. This was a fantastic afternoon as our Girls' and Boys' Schools came together for an afternoon of swimming and fun.

HOUSE RELAY CHA	MPIONS
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IST	CARGILL	89 points
2ND	HAMILTON	83 Points
3RD		77 points
4TH	CHALMERS	65 points







#### **ZONE SWIMMING**

Swimmers representing the Boys' School had fantastic days of racing at the Remuera (Years 5&6) and Eastern Zone (Years 7&8) swimming competitions. Our boys gained podium places in many individual and team relay finals but particularly pleasing was the 1st place for a Boys' School and 2nd placing overall for the Year 5&6 boys at the Remuera Zone meet.

remuera zone for years 5 and 6		
Year 5 Boys 25m Freestyle:	2nd Oliver Avis	
Year 6 Boys 25m Freestyle:	2nd Jourdan Klink	
Year 5 Boys 25m Backstroke:	3rd Alexander Dennis	
Year 6 Boys 25m Backstroke:	2nd Jourdan Klink, 3rd William McLachlan	
Year 6 Boys 50m Freestyle:	Ist Jourdan Klink	
Year 6 Boys 25m Breaststroke:	Ist Taylor Tairua Doyle	
Year 6 Boys 4x25 Freestyle Relay:	Ist Team	
Open Boys 4x25 Medley Relay:	Ist Team	
Field Championship Open Relay:	Ist Team	
Boys Champions:	Ist Team	
Overall Champions:	2nd Team	

EASTERIN ZOINE SVVIIMIMING FOR TEARS / AIND 8		
Year 7 4x50m Freestyle Relay final:	Team 2nd	
Year 8 4x50m Freestyle Relay final:	Team 2nd	
Open 4x50m Medley Relay final:	Team 1st	
50m Butterfly Senior Boys final:	Will Bason 3rd	
50m Breaststroke Year 8 Boys final:	Bronson Gleye 1st	
50m Breaststroke Year 7 Boys final:	Will Bason 1st, Eamon Foley 2nd	
50m Backstroke Year 7 Boys final:	Will Bason 1st, Eamon Foley 3rd	
50m Backstroke Year 8 Boys final:	Sam Looker 2nd	
50m Freestyle Year 8 Boys final:	Sam Looker 3rd	
50m Freestyle Year 7 Boys final:	Will Bason 1st, George Falconer 3rd	



#### **INTER-ZONE**

Congratulations to the boys who represented the Boys' School at the Inter-zone Swimming Championships held at Diocesan School. Will Bason gained a 2nd and a 3rd individual placing in the 50m freestyle and 50m backstroke and then teamed with Theo Thomson, Sam Looker and Bronson Gleye to win the Open Boys  $4\times50$ m Medley Relay. Well done boys!

### Boys Assist at Adaptive Cricket

nce again this year, our Year 8 cricket boys went down to Bloodworth Park on Shore Road to help out with the annual Halberg Disability Sport Foundation's Adaptive Cricket Day. The day was held in conjunction with Parnell Cricket Club and involved around 40 students with various disabilities from a variety of schools. Parnell Cricket Club played a big part in helping the boys to prepare for the event and the Halberg Trust came to the Boys' School the day before to deliver the 'No Exceptions' training programme.

This is the fourth year that our boys have been involved with Halberg events as part of their programme to offer service. The help they offer at the cricket session early in the year prepares them for the annual Halberg Disability Sport Foundation event held at the Boys' School later in the year where the boys are involved in a mentoring and coaching role, assisting disabled students from visiting schools to enjoy competition in a range of adapted games.

At the cricket, our Saint Kentigern boys were allocated stations for the morning where they had key roles in assisting with the coaching. Four drills were set up: catching, fielding, batting and bowling where the visiting cricketers learnt skills and finished off with games of cricket. To begin with, many of the Saint Kentigern boys were shy but as the day went on, relationships were formed and all coaches and cricketers alike had great fun interacting and gaining new skills.

For our boys, this was a chance to learn about being compassionate and giving service to their local community, which is at the heart of the Saint Kentigern philosophy. Friendships were soon built between the all the students and this was seen at lunchtime where they all sat together and chatted. We were proud to see their level of maturity, empathy and overall willingness to assist on the day.







### Orakei Basin Clean Up

For the second year in a row, our Year 8 students helped to clean the Orakei Basin as part of an initiative by Auckland Council and Telecom to keep Auckland beautiful. It was hoped that after all the clean-up work the boys did last year, that this year's outing would prove to be a much easier job - that was not to be the case!

One hundred boys donned black gloves and with rubbish sacks in hand they scoured the bush along the waterline. Thomas Woodfield and Joshua Druskovich reported that within the first five minutes they had binned five beer bottles, two plastic bags, a sponge, two road cones, a mouldy toilet seat and a concrete pole! Two and a half hours later, the boys had collected three trailer loads of rubbish and returned to school satisfied that they had contributed to the community.







### World Tennis Selection!



Year 8 student, Chris Zhang is a tennis player who has steadily risen through the ranks over the last year. After his success at local, regional and national age group championship tournaments last year, Chris was selected as the youngest of a team of three boys to represent New Zealand in the U14 team to compete at the World Junior Tennis Asia/Oceania Final Round Qualifying event in India.

His team entered the tournament as No 7 seeds but through consistent play ended up in second place which now grants them a

place at the Junior Tennis World Finals to be held in Prostejov, Czech Republic during August.

Well done Chris!



### Good Season for Ist XI

The 1st XI has had a good season winning the majority of their games. They once again move into the next round of the NZ Active Cup (formerly known as the Milo Cup). They convincingly beat Viscount School and Buckland Beach Intermediate this term and will now move onto the quarter finals which will be held in Term 4. The Active Cup is a New Zealand wide competition for Year 7 and 8 boys with the finals played in Palmerston North in December:

Both the 1st XI and 2nd XI also had emphatic wins against Southwell in the annual exchange with the 2nd XI winning on home grounds and the 1st XI claiming victory in Hamilton.

The 1st XI were not so fortunate in the Klippel Shield game, losing to Kings but will fight hard next season to win it back!



# Boys Retain the Wirihana Cup

I t was another fun win for the Boys' School Ist XI Cricket team when they played for the Wirihana Cup in a 20/20 match against the Old Collegians on a balmy autumn evening. This is the third match staged since the traditional annual game was resurrected and the third consecutive win for the Boys' School. The Cup was first played for in 1961 and was a feature on the calendar for a number of years until the original cup went missing.



The Boys' School 1st XI won the toss and batted first making a creditable 155 for 9 off their 20 overs. This was helped hugely by a lot of wides and no balls dished out by the Old Collegians, plus some 'interesting' umpiring by the 1st XI coach, Mr Grayson Aspinall! Two Year 7 boys in the team did well with Josh Stephan managing 37 not out and Gabe Ross, 22.

In reply, the Old Collegians struggled early with slow batting and frantic running between wickets, however, in the end, they did manage to get to 152 after the boys had bowled their 20 overs, so they fell 3 runs short. Well done to old boys, Paul Wilkes who made 24, Sebastian Stephan 20 and Finn Ross 21.

The teams retired to the Old Collegians Function Room in the Sports Centre for afternoon tea and a social catch up about old times.





### The Arrowsmith Programme at the Boys' School

With thanks to Ms Pip Simonian, lead teacher of Arrowsmith

Arrowsmith School, Toronto: - 25 degrees...yes, that is MINUS 25 degrees!

Have you ever wondered how people can remember 7-or 8-digit phone numbers without any problem? Or how they can add/subtract their shopping total as they walk down the supermarket aisle with no iPad in sight? Or, indeed, walk into a room and instantly know the social etiquette required to avoid a faux-pas?

For most of us, this behaviour may come naturally, for others, they may need to work on aspects or ask for guidance. But for children who have a deficit in these kinds of situations, parents will know only too well how long and hard the journey is to advise/teach and assist their children so that they may progress through life with minimum stress and maximum achievement.

Ms Pip Simonian, lead teacher of Arrowsmith at the Boys' School, has been a Year 7 teacher for four years at the School. She expressed her interest in this new learning programme last year when Principal, Peter Cassie, announced the possibility of implementing Arrowsmith at the School. Together with the Learning Support department, led by Gaye Pilkington, Pip and Year 8 teacher, Mrs Betsie Warner were selected to undergo the training in Canada.

The pair spent an amazing, engaging, full-on four weeks in Toronto at the start of the year where they completed their training as Arrowsmith teachers. Detailed assignments, learning exercises, lots of homework and commuting in temperatures below -25 degrees were some of their challenges during their training but they both declare that it was all worth it! The fact they happened to visit during the worst Canadian winter in 50 years did not deter from their very rewarding trip to visit and work with students at the Arrowsmith School in Toronto. And it was those very conditions that made the chance to visit the Niagra Falls that much more spectacular!

Ms Simonian's passion for boys' learning is evident and has increased since studying this programme. She is delighted to take on the new role. Her colleague, Mrs Betsie Warner, will be a support teacher with whom she can discuss progress and achievement of boys on the programme throughout the year. Betsie will spend time in the Arrowsmith classroom with Pip in order to maintain her involvement in the programme.

At the Boys' School, this cognitive programme will begin at the start of Term 2, 2014 initially accommodating 10 students. Assessments have been undertaken and individualised programmes and timetables established that will focus on the critical rewiring needed for improved learning capacity to be achieved.

Our goal is for our students to become effective, confident and selfdirected learners for life and to enable them to achieve their goals of academic and career success.





#### A SNAPSHOT OF ARROWSMITH

Arrowsmith began 30 years ago in Toronto. Founder, Barbara Arrowsmith-Young wanted to target the actual brain area that was weak and force it to work by making new brain connections. Her book, 'The Woman Who Changed Her Brain' describes the areas of the brain that she addressed to help her conquer her own struggles in academic life and how she taught herself to overcome problems in memory, spatial awareness, conceptual understanding and reading for meaning.

The Arrowsmith Programme is founded on neuroscience research and over 30 years of experience demonstrating that it is possible for students to strengthen the weak cognitive capacities underlying their learning dysfunctions through a programme of specific cognitive exercises. For example, cursive writing involves motor plans in the brain that coordinate visual stimulus with memory and hand movements. Many cognitive programmes skirt around learning issues and provide compensatory methods of coping for the students. Whilst this is normal practice, Barbara Arrowsmith-Young was dissatisfied with available support measures and set out to invent exercises that would help improve her quality of life for those experiencing difficulties.

Neuroplasticity, as the name suggests, is the plasticity or changeability of the brain and has become a topical area of research for many educationalists and psychologists. Students with learning difficulties have traditionally been treated with programmes designed to compensate for their difficulties. The goal of the Arrowsmith Programme, by contrast, is to help students strengthen the weak cognitive capacities underlying their learning dysfunctions. It deals with the root causes of the learning disability rather than managing its symptoms. Students are able to capitalise on their increased learning capacities so they can take control of their learning without the need for additional educational assistance. In Canada, current research using brain scanning equipment is being used to show the actual physical change in the brain after students undergo exercises in the Arrowsmith Programme.

The programme has proven effective for students who have difficulty with reading, writing and mathematics, comprehension, logical reasoning, problem solving, visual and auditory memory, non-verbal learning, attention, processing speed and dyslexia. Arrowsmith is capacity based in that it changes the capacity of the individual to learn, rather than compensatory which tries to work around the problem. Strengthening these weaker capacities increases the overall functioning of these specific cognitive areas allowing them to be used effectively for learning.



## Former Principal Honoured

ormer Boys' School Principal, Brian Irwin, was recently invited back to the School to be presented with a Boys' School Honours tie in recognition of his significant contribution to Saint Kentigern. At a special morning tea held in the staffroom, foundation pupil, Mr Peter Nelson (No. 20) presented Mr Irwin with the tie.

Mr Irwin was the second Principal at the Boys' School, taking over from Jack Chalmers in 1979 and holding the position until 1993. During his tenure he oversaw a significant growth in the school roll and a proliferation of building projects to accommodate smaller class sizes and the changing teaching methodology of the time. The current Junior School building was designed by him, and subsequently named after him, inspired by a trip to Vancouver.

His wife Judith is well remembered for her skill as a water-colourist, having painted several scenes around the School which are still in use today as greeting cards.

The couple took great delight in being invited back and enjoyed a tour of the School with Head Boy, Benjamin Lerner, caught up with Mr Brian Matthews and Mrs Sue Castle who both taught at the School with him and also enjoyed meeting Mr Richard Kirk, a new Year 8 teacher, who was a Head Boy during his time as Principal.

We offer our sincere thanks to both Brian and Judith Irwin for all they did for Saint Kentigern School.

### They Did it Again!

With the team name, 'A few good men do it again,' Boys' School staff members, Chris Haar, James Eketone, Joe Johansen and Reverend Reuben Hardie took on the Oxfam Trailwalker Challenge for the second year in a row. This gruelling event challenges teams of four to walk 100km in no longer than 36 hours – although this hardy team aimed for an ultrafast time of under 18 hours, meeting their goal and crossing the finish line in 17 and a half hours!

In the lead up to the challenge, and to raise funds for the cause, the Good Men hosted a fantastic night of fun for 108 boys including a sleepover at school for the older boys. There was a huge response for the night. The team originally set themselves the goal of raising \$2000 – but they had not anticipated the overwhelming support from the Saint Kentigern Boys' School community! With the aid of some promotion on the Saint Kentigern Facebook site, they raised a whopping \$10,127 for Oxfam which has the sponsorship money marked to provide sanitation and water to remote villages in Papau New Guinea.

The team said that they wanted to inspire the students and Saint Kentigern community with the message that 'service does not stop at the school gates' and that we can all make a difference no matter the obstacles. They are very grateful and proud to be representing the community who have come out and fully supported them.



### Annual Giving 2013

In Term 4 the Boys' School asked the parent community to support four projects in our Annual Giving Appeal. We were delighted with the response and the willingness of our community to assist the School in providing the very best resources and facilities for our boys. Annual Giving has enabled us to:

- Purchase 30 sets of Robotics equipment for the Senior School
- Purchase 10 iPads for the Junior School and equip the Year 1-3 classrooms with technology construction kits
- · Provide enhanced sound equipment for our musicians and performers
- Build the Roselle Scholarship Fund to enable talented boys, irrespective of background or means, to benefit from a Saint Kentigern Boys' School education

We gratefully acknowledge the support of our Annual Giving 2013 donors:

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