



SAINT KENTIGERN



BOYS' SCHOOL

**Sports Handbook**



# SAINT KENTIGERN

## Boys' School Sports Handbook

Saint Kentigern Boys' School offers a wide range of sporting opportunities for our boys at all levels. We actively encourage involvement, recognising that it is as an important part of a young person's education and development.

In each sporting code, teams of different levels and abilities are formed to cater for experienced players as well as those new to a particular sport.

The aim of this booklet is to provide information for parents and boys to have a better understanding of what sporting opportunities are offered for each year group, the possible costs involved and the likely time commitment.

*Mr Peter Cassie, Principal*

*'Sport at the Boys' School openly engenders  
healthy competition, encouraging team spirit  
and a sense of fair play.'*



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## CONTACTS

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### **School Phone Number**

Enquiries and Office (09) 520 7682

### **Director of Sport: Duncan Grant**

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DDI (09) 520 7689

### **Head of Physical Education and Education outside the Classroom**

### **Physical Education Teacher and in charge of Flippa Ball and Water Polo**

Emma Lane

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### **Uniform Shop**

(09) 522 5980

Open: Monday 7.30am – 1.30pm

Thursday 10.00am – 4.00pm

Email: [skb\\_shop@saintkentigern.com](mailto:skb_shop@saintkentigern.com)

**We encourage you to download the Saint Kentigern App for iPhone or android. This will give you the weekly fixtures located in the calendar section. If you sign up for 'push' notifications, your phone will receive a message with any last minute sporting changes.**

**Please use the Online Learning Environment 'OLE' for all other sporting information.**

## SPORTS ORGANISATION

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Saint Kentigern Boys' School offers a wide variety of sports including rugby, football, hockey, basketball, softball, cricket, touch rugby, badminton, tennis, athletics, swimming, squash, aquatics, table tennis, water polo, flippa ball, golf, windsurfing, sailing, scuba diving, cross-country, skiing and snow-boarding.

It is expected that each boy will play one summer sport and one winter sport for the School from Year 5 to Year 8. He may also choose basketball, flippa ball or water polo as an added extra.

Teams are selected based on school trials. Depending on their choice of activity, the boys will have one practice after school a week which they are required to attend. They then play one afternoon a week during school hours against the neighbouring schools. (Please note that this may change slightly for some specialised sports)

In choosing to participate in any activity, it is important that a boy carefully considers his availability and time commitment. He should not over-commit himself to the detriment of his academic work. Please consider that practice for most Year 5/6 activities occurs after school from 3.15pm to 4.15pm on a Monday, and for Year 7/8 from 3.15pm to 4.15pm on a Tuesday. These practices happen at school, at the adjacent Martyn Wilson Fields or at Baradene College.

**It is also important that once a commitment is made to an activity that it is followed through to the end of the year/season.**

### Online Learning Environment (OLE)

All information in regards to sport is available on OLE. It is updated daily and should be your first point of call for information.

### Sports Training Schedule

A summer and winter sports training schedule is available at the beginning of each of the sports seasons. This will tell you what day, what time and who your son's coach is. This is emailed to you and is also available on OLE.

### Sports Weekly

The Sports Weekly is available on the OLE and Saint Kentigern app under the calendar section. This gives an insight into our weekly sports programme and details of where fixtures will be held.

### Sports Registrations

All Year 5 to 8 boys need to sign up for their chosen sport prior to the season starting. Registrations are completed online. The Director of Sport will inform boys when the registration document goes online and the time frame they have to sign up for their chosen sport. It is the boys' responsibility to complete this registration within the required timeframe.

## Sports Trials

Before teams are finalised for the summer and winter codes, a series of trials are conducted. The boys are asked to select one code and participate in the trials. We try to accommodate the boys in the code of their choice and operate an alternative programme when this is not possible. (Please see the Selection Policy on page 19.)

## Senior School Sport: Years 7 and 8

Senior School sport takes place on Wednesday afternoons any time from 12.45pm to 4.30pm during the summer, and any time from 12.45pm to 3pm in the winter. Please read the Sports Weekly located on the OLE for weekly times.

Boys (except those undertaking options) will play matches against other schools. Boys are also required to attend practices after school from 3.15 until 4.15pm on Tuesdays. External commitments must be worked around these practice times.

Boys who choose to take part in an alternative sport on Wednesdays, such as golf, windsurfing, scuba diving, badminton or aquatics, do not have practice sessions on Tuesday or Thursday after school hours.

## Middle School Sports: Years 5 and 6

Middle School sport takes place on Tuesday afternoons from 12.45pm to 3pm. The focus for this age group is to ensure they have grounding in the skills for the major codes offered in the School. Games are played against neighbouring schools and practices take place on Monday after school from 3.15 - 4.15pm. External commitments must be worked around these practice times. Please read the Sports Weekly located on the OLE for weekly times.

Boys who choose to take part in an alternative activity on Tuesdays, such as badminton, basketball or aquatics, do not have practice sessions on Monday nights.

## Junior School Sports: Years 0 - 4

The Junior School takes part in the School cross-country and has its own swimming and athletics sports run by the Sports Department. Skills teaching is part of the physical education timetable taken by a physical education specialist.

### PLEASE NOTE:

Club Mungo, our after school care facility, is open until 6pm each day and students not collected from Middle School and Senior School sports practices by 4.45pm will be taken to Club Mungo and charged accordingly.

## SPORTS FOR BOYS IN YEARS 0 - 4

SPORT	DESCRIPTION
<b>ATHLETICS</b> Term 4	<p>All boys take part.</p> <p>Year 0 to 3 hold their Athletics Day at Saint Kentigern Boys' School.</p> <p>Year 4 take part in the Middle School Athletics Day at Mt Smart Stadium or Lloyd Elsmore Park.</p>
<b>BASKETBALL</b> All year round	<p>Games are played outside school hours at Saint Kentigern Boys' School in the Jubilee Sports Centre. Basketball practices are held after school on a Wednesday from 3.20 to 4.20pm with games played straight after practice. This sport is played term by term so the boys have the opportunity to play all year or choose which term they would like to play due to other school/club sporting commitments. A cost is attached and varies according to numbers. Sign up forms are on the OLE sports page in the basketball folder.</p> <p><i>This sport is offered as an added extra to the School's compulsory sports programme.</i></p>
<b>CROSS COUNTRY</b> Term 4	<p>All boys take part.</p> <p>Year 0 to 3 hold their cross country at Saint Kentigern Boys' School.</p> <p>Year 4 take part in the Middle School cross country at Saint Kentigern College.</p>
<b>FLIPPA BALL</b> Terms 2, 3 and 4	<p>For Years 3 - 6.</p> <p>Training is on a Wednesday evening and the competition takes place on Sunday afternoon/evening held at Diocesan Pool or St. Cuthberts Pool. The cost varies each year according to numbers.</p> <p>Sign up forms are on the OLE Sports page in the flippa ball folder.</p>
<b>SWIMMING SPORTS</b> Term 1	<p>All boys take part.</p> <p>Year 0 to 3 swimming sports are held during Term 1.</p> <p>Year 4 take part in the Middle School event which is held during Term 1. It is compulsory for all boys to swim.</p>
<b>TENNIS CHAMPIONSHIPS</b> Term 4	<p>During Term 4, the School runs a tennis competition for each year level from Years 3 to 8. Boys must be of a decent tennis ability to participate.</p> <p>Sign up is on the OLE Sports pages.</p>

## SPORTS FOR BOYS IN YEARS 5 - 6

SPORT	DESCRIPTION
<b>AQUATICS</b> Term 1	Offered on Tuesday afternoon sport time and held in the school pool. Boys are taken through all aspects of water-based activities from swimming, lifesaving, water polo etc. This sport does not have a Monday after school practice and has no cost attached.
<b>ATHLETICS</b> Term 4	All boys take part. All boys practise athletics during Tuesday afternoon sport time. Year 4 - 6 hold their Athletics Day at Lloyd Elsmore Park. The top boys represent the school at the Remuera Zone Athletics day.
<b>BADMINTON/ TABLE TENNIS</b> Terms 1, 2 and 3	Offered on Tuesday afternoon sport time and held in the Jubilee Sports Centre. This sport does not have a Monday after school practice and has no cost attached.
<b>BASKETBALL</b> All year round	Games are played outside school hours on a Monday at Saint Kentigern Boys' School in the Jubilee Sports Centre. Basketball practices are held at Monday lunchtime from 12.30pm to 1.15pm. Practices change back to Monday after school once winter sport has finished. Games take place straight after sports practice from 4.30pm onwards. This sport is played term by term so the boys have the opportunity to play all year or choose which term they would like to play due to other school/club sporting commitments. A cost is attached and varies according to numbers. Sign up forms are on the OLE Sports page in the basketball folder. <i>This sport is offered as an added extra to the School's compulsory sports programme.</i>
<b>CRICKET</b> Term 1	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. There are normally two hard ball teams and two incredi-ball teams. Teams are selected on ability. Due to the nature of the game, the cricket matches have different beginning and completion times, depending on the overs played. Parents may be required to collect from the venue. Refer to Sports Weekly.
<b>CROSS COUNTRY</b> Term 3	All boys take part. Year 4 to 8 hold their cross country at Saint Kentigern College. The top boys represent the school at the Remuera Zone Athletics day.

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SPORTS FOR BOYS IN YEARS 5 - 6 *cntd*

SPORT	DESCRIPTION
<b>FLIPPA BALL</b> Terms 2, 3 and 4	Training is on a Wednesday evening and the competition is run on Sunday afternoon/evening at Diocesan Pool or St Cuthbert's. A cost is attached and varies according to numbers. Sign up forms are on the OLE Sports page in the flippa ball folder. <i>This sport is offered as an added extra to the School's compulsory sports programme.</i>
<b>FOOTBALL</b> Terms 2 and 3	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. 11 a-side squads. Teams are selected on ability.
<b>HOCKEY</b> Terms 2 and 3	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. 8 a-side. Teams are selected on ability.
<b>HOUSE MATCHES</b> Terms 3 and 4	Summer house sports are cricket, softball, tennis and touch rugby. Winter house sports are rugby, football and hockey.
<b>RUGBY</b> Terms 2 and 3	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. 15 a-side squads. Teams are selected on ability. Rugby Weight Restrictions: as of the second week of Term 2, an official weigh-in will be documented and witnessed by the Principal. These restrictions will also apply to House Matches. <i>Year 5 &amp; 6 under 55kg (Note: We do not follow club weight restrictions.)</i>
<b>SKIING/ SNOWBOARD</b> Term 3	Two ski teams made up of 5 skiers per team and one snowboard team made up of 4 snowboarders attend the annual NIPS tournament at Mount Ruapehu. Year 5 - 8 may trial, however, the majority of the team is made up of Year 7 and 8 boys. Trials are held at Snow Planet.
<b>SOFTBALL</b> Term 1	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. 11 a-side squads. Teams are selected on ability.

SPORTS FOR BOYS IN YEARS 5 - 6 *cntd*

SPORT	DESCRIPTION
<b>SWIMMING SPORTS</b> Term 1	All boys take part. Year 4, 5 and 6 swimming sports (Middle School) are held during Term 1. It is compulsory for all boys to swim. The top Year 5/6 boys represent the School at the Remuera Zone Swimming Sports which is hosted by Saint Kentigern Boys' School.
<b>TENNIS</b> Term 1	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. Teams are selected on ability.
<b>TENNIS CHAMPIONSHIPS</b> Term 4	TENNIS CHAMPIONSHIPS During Term 4, the School runs a tennis competition for each year level from Years 3 - 8. Boys must be of a decent tennis ability to participate. Sign up is on the OLE Sport pages.
<b>TOUCH RUGBY</b> Term 1	Practice is on Monday from 3.15 to 4.15pm and games are on Tuesday afternoon sport time. Teams are selected on ability.
<b>WATER POLO</b> Terms 3 and 4	Year 6 may sign up for water polo during Terms 3 and 4. This is played at Sacred Heart pool on Fridays or Sundays.
<b>MINI POLO</b> Terms 2, 3 and 4	Training is on a Tuesday evening and the competition is run on Sunday afternoon/evening at Diocesan or St Cuthbert's. A cost is attached and varies according to numbers. Sign up forms are on the OLE sports page. This sport is offered as an added extra to the schools compulsory sports programme.

## SPORTS FOR BOYS IN YEARS 7 - 8

SPORT	DESCRIPTION
<b>AQUATICS</b> Term 1	Offered on Wednesday afternoon sport time and held in the school pool. Boys are taken through all aspects of water based activities from swimming, lifesaving, water polo etc. This sport does not have a Tuesday afterschool practice and has no cost attached.
<b>ATHLETICS</b> Term 4	All boys take part. All boys practise athletics during Wednesday afternoon sport time. Years 7 to 8 hold their athletic day at Mt Smart Stadium. The top boys represent the school at the Eastern Zone Athletics day.
<b>BADMINTON</b> Terms 1, 2 and 3	Offered on Wednesday afternoon sport time and held in the Jubilee Sports Centre. This sport does not have a Tuesday afterschool practice and has no cost attached.
<b>BASKETBALL</b> All year round	Games are played outside school hours at Saint Kentigern Boys' School in the Jubilee Sports Centre. Basketball practices are held after school on a Thursday from 3.20 to 4.20pm with games played straight after practice. This sport is played term by term so the boys have the opportunity to play all year or choose which term they would like to play due to other school/club sporting commitments. A cost is attached and varies according to numbers. Sign up forms are on the OLE sports page in the basketball folder.  <i>This sport is offered as an added extra to the School's compulsory sports programme.</i>
<b>CRICKET</b> Term 1	Practice is held on Tuesday from 3.15 to 4.15pm and games are played on Wednesday afternoon sport time. The 1st XI also plays in the National NZ Post Cup league. Due to the nature of the game, the cricket matches have different beginning and completion times, depending on the overs played. Parents may be required to collect from the venue. Refer to sports weekly.
<b>CROSS COUNTRY</b> Term 3	All boys take part. Years 7 to 8 hold their cross country at Saint Kentigern College. The top boys represent the school at the Eastern Zone Athletics day.

SPORTS FOR BOYS IN YEARS 7 - 8 *cntd*

SPORT	DESCRIPTION
<b>FOOTBALL</b> Terms 2 and 3	Practice is held on Tuesday from 3.15 to 4.15pm and games are played on Wednesday afternoon sport time.  Teams are selected on ability.
<b>GOLF</b> Terms 1, 2 and 3	Offered on Wednesday afternoon sport time and held at Ellerslie Golf Course. Boys have access to professional coaching, the driving range and 9 hole golf course. The School has a selection of clubs or boys can bring their own. This sport does not have a Tuesday after school practice. A cost is attached to this option and varies according to numbers.
<b>HOCKEY</b> Terms 2 and 3	Practice is held on Tuesday from 3.15 to 4.15pm and games are played on Wednesday afternoon sport time.  Teams are selected on ability.
<b>RUGBY</b> Terms 2 and 3	Practice is held on Tuesday from 3.15 to 4.15pm and games are played on Wednesday afternoon sport time.  Teams are selected on ability.  Rugby Weight Restrictions: as of the second week of Term 2, an official weigh-in will be documented and witnessed by the Principal. These restrictions will also apply to House Matches.  <i>Year 7 &amp; 8 1st XV, 2nd XV, U68kg, 3rd XV, U55kg</i> <i>(Note: We do not follow club weight restrictions)</i>
<b>SKIING/ SNOWBOARD TEAM NIPS</b> Term 3	Two ski teams made up of five skiers per team and one snowboard team made up of four snowboarders attend the annual NIPS tournament at Mount Ruapehu. Years 5 to 8 have the ability to trial, however, the majority of the team is made up of Year 7 and 8 boys.  Trials are held at Snow Planet.
<b>SAILING</b> Term 4	The School enters an Optimist sailing team each year in the Eastern Zone Sailing Regatta. This is for Year 7 and 8 boys and is held in Term 4.
<b>SCUBA</b> Terms 1, 2 and 3	Scuba diving is offered to Year 7 and 8 boys on a Wednesday afternoon at Parnell Baths. All gear is supplied as part of the cost but boys may bring their own gear. A cost is attached to this option and varies according to numbers.

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## SPORTS FOR BOYS IN YEARS 7 - 8 *contd*

SPORT	DESCRIPTION
<b>SOFTBALL</b> Term 1	Practice is held on Tuesday from 3.15 to 4.15m and games are played on Wednesday afternoon sport time. Teams are selected on ability.
<b>SWIMMING SPORTS</b> Term 1	All boys are expected to take part. Year 7 and 8 swimming sports (Senior School) are held in Term 1. The top Year 7/8 boys represent the school at the Eastern Zone Swimming Sports.
<b>TABLE TENNIS</b> Terms 1, 2 and 3	Offered on Wednesday afternoon sport time and held in the Jubilee Sports Centre. This sport does not have a Tuesday afterschool practice and has no cost attached.
<b>TENNIS</b> Term 1	Practice is held on Tuesday from 3.15 to 4.15pm and games are played on Wednesday afternoon sport time. Teams are selected on ability.
<b>SCHOOL TENNIS CHAMPIONSHIPS</b> Term 4	During Term 4, the School runs a tennis competition for each year level from Years 3 to 8. Boys must be of a decent tennis ability to participate. Sign up is on the OLE sports pages.
<b>TOUCH RUGBY</b> Term 1	Practice is held on Tuesday from 3.15 to 4.15pm and games are played on Wednesday afternoon sport time. Teams are selected on ability.
<b>WATER POLO</b> Terms 2, 3 and 4	Water polo is offered to all boys in Year 7 and 8 and is played at the Sacred Heart Aquatics Centre on Friday evenings in a local competition. There is a practice session once a week on Wednesday evenings at Sacred Heart College. Selected waterpolo teams compete in the Winterfest, Tim Sonderer, North Islands and the AIMS games.

SPORTS FOR BOYS IN YEARS 7 - 8 *cntd*

SPORT	DESCRIPTION
<b>WIND SURFING</b> Terms 2, 3 and 4	Offered on Wednesday afternoon at Lake Pupuke. All gear is supplied as part of the cost but boys may bring their own gear. This sport does not have a Tuesday afterschool practice and has no cost attached.
<b>HOUSE MATCHES</b> Terms 3 and 4	House teams compete for House points. Summer House sports are cricket, softball, tennis and touch rugby. Winter House sports are rugby, football and hockey.
<b>INTERNATIONAL SPORTS TRIPS</b>	On occasion, rugby and football teams have the opportunity to tour to Australia. Boys selected at trials are guaranteed a spot on the tour. The teacher/student ratio is a minimum of 1: 8 with a minimum of two staff members accompanying the tour. Saint Kentigern Boys' School Education Outside the Classroom (EOTC) policy applies to the organisation of the trip. All boys must have their own passport and visa if required. Parents are welcome to travel in support.
<b>NATIONAL SPORTS TRIPS</b>	On occasion, 1st teams from our major sporting codes may undertake a tour within NZ to compete against other independent schools in Christchurch, Wellington or the Hawkes Bay. The teacher/student ratio is a minimum of 1: 8 with a minimum of two staff members accompanying the tour. Saint Kentigern Boys' School Education Outside the Classroom (EOTC) policy applies to the organisation of the trip. Parents are welcome to travel in support.
<b>SQUASH</b>	Offered on a Wednesday afternoon sports time held at Panmure Squash Club. This sport does not have a Tuesday afterschool practice.

## SPORTS UNIFORM FOR YEARS 5 - 8

All boys representing the School are expected to be dressed in the appropriate sports uniform and to wear it with pride! The School Uniform Shop stocks all items of sport uniform.

**Please be aware of the uniform requirements for the various sports during the year.**

<b>SPORT</b>	<b>REQUIRED SPORT KIT</b>	<b>ADDITIONAL INFORMATION</b>
<b>ATHLETICS</b>	PE uniform (PE shirt to be worn).	Sports shoes compulsory.
<b>BASKETBALL</b>	<i>Auckland Basketball league:</i> Saint Kentigern School basketball uniform provided.	<i>Sports shoes and mouth guards are compulsory.</i>
<b>CRICKET</b>	Years 7 and 8 wear white trousers (provide own), blue PE shirt and school cap.  Years 5 and 6 hard ball teams wear white trousers (provide own), blue PE shirt and school cap.  Year 5 and 6 Incredi ball teams wear blue PE shorts, blue PE shirt and school cap.	White ankle socks.  Predominately white shoes.  1st XI are provided with a shirt.  All cricket teams must wear blazers on fixture days (depending on weather).
<b>HOCKEY</b>	Blue shorts.  PE shirt if a team shirt is not provided.  School rugby socks.	Shin pads and mouth guards are compulsory.  Team shirts provided for Years 7 and 8 1st XI only.
<b>PE</b>	P:E uniform (PE shirt to be worn).	Sport shoes are compulsory.
<b>RUGBY</b>	All teams wear white rugby shorts.  School rugby socks.	Mouth guards and boots are compulsory.  Team jerseys are provided for all teams.
<b>TOUCH RUGBY</b>	Blue shorts.  PE shirt.	Sports shoes.  White socks.

<b>SPORT</b>	<b>REQUIRED SPORT KIT</b>	<b>ADDITIONAL INFORMATION</b>
<b>FOOTBALL</b>	Blue shorts. School rugby socks. PE shirt if a team jersey is not provided.	<i>Boots and shin pads are compulsory.</i> Team shirts provided for 1st XI only.
<b>SOFTBALL</b>	Blue shorts. PE shirt. School rugby socks.	School cap (Years 7 and 8). Blue bucket hat or school cap (Years 5 and 6).
<b>TENNIS</b>	Blue shorts. PE shirt.	White socks. School cap (Years 7 and 8). Blue bucket hat or school cap (Years 5 and 6).
<b>SWIMMING</b>	PE Uniform. Blue SKBS togs (compulsory). Towel. Blue jammers optional for Year 7/8 ONLY	This is also applies for water polo and flippa ball.
<b>ALL OPTIONS</b>	PE Uniform PE shirt	Dress code may differ depending on each optional sport.
<b>HOUSE SPORTS</b>	House shirts. Blue shorts. Note: Chalmers must wear the correct House shirt not their PE shirt as a House shirt.	Sports shoes. White socks. School cap (Years 7 and 8). Blue bucket hat or school cap (Years 5 and 6).

Please note that it is compulsory for all boys from Year 5 onwards to have a Saint Kentigern track suit.

Year 1 – 6 Bucket hats for general school use.

Those boys who make our Middle School teams for cricket, softball and tennis fixtures can wear a cap for their games.



## CODE OF CONDUCT

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Good sport is about positive attitude. Play your part – play fair.

### All members of sports teams are expected to:

- ✘ Cooperate with teammates, coaches, officials and opponents and treat all of them with respect.
- ✘ Strive for excellence, have fun and develop skills.
- ✘ Know the rules of the game and play by both the letter and the spirit of the rules.
- ✘ Realise that officials are there to interpret the rules - accept their decisions with dignity.
- ✘ Never behave in such a manner that would reflect badly or disgrace you, your team or the School.
- ✘ Never use coarse language or insult opponents, coaches or spectators.
- ✘ Be in attendance at required times - attendance is essential unless a prior arrangement has been made with the coach.
- ✘ Always participate according to the values of good sportsmanship.
- ✘ Always wear the correct School, practice and playing uniform.
- ✘ Show modesty in victory and grace in defeat.
- ✘ The key to a successful team is communication; if you are unable to attend a training or game you must let your coach know with sufficient notice.

### Consequences for getting the above wrong:

- ✘ Warning One: Formal verbal warning to boy/substituted from field.
- ✘ Warning Two: Phone home to caregiver.
- ✘ Final Step: Student will be stood down from team game. The student must still attend the fixture to help out where possible and support his team.

If the Student continues to get the above code of conduct wrong after the final step they will be removed from the team.

## CODE OF CONDUCT for Parents and Supporters

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Good sport is about positive attitude.

You can set the right tone and help make the game a success.

Play your part – play fair.

### All supporters of Saint Kentigern Boys' School teams should consider the following:

- ✘ Encourage your son, and other boys in his team, in their efforts in the sporting arena.
- ✘ Insist that your son plays within the rules of the game and by the principles of Fair Play, irrespective of the manner in which opposition may play the game.
- ✘ Being part of a team is a commitment; assist your son to live up to his commitments. Do not accept your son letting his team mates and coaches down.
- ✘ Ensure your son attends all practices and is well turned out with the correct playing uniform for games.
- ✘ Watch your son play whenever possible. Make an effort to understand the game and its rules.
- ✘ Display self-control on the sideline. Do not shout at or ridicule any players on either team.
- ✘ Half time team talks are for Coaches only.
- ✘ Remember your son is playing sport for his reasons not yours.
- ✘ Respect your son's efforts, regardless of whether he wins, draws or loses.
- ✘ Show respect for the coach and management of your son's team. They have a difficult job and do not need interference or negative comments from observers.
- ✘ Show appreciation for the people who make it possible for your son to play sport. They are invariably volunteers and are involved because they enjoy the game.

## CODE OF CONDUCT for Coaches

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Good sport is about positive attitude.

As a coach you set the standards.

Play your part to help make each game a success – play fair.

### To the best of your ability you will:

- ✘ Set personal behaviour standards for yourself and those you coach to follow.
- ✘ Give each player the same amount of your attention and time.
- ✘ Provide every player with the same opportunities to play the game.
- ✘ Encourage respect for the opposition and officials. Never argue with the referee, encourage cheating or make excuses for losing.
- ✘ Always be positive. Never shout or ridicule players.
- ✘ Respect players' efforts regardless of whether they have won or lost.
- ✘ Keep winning and losing in perspective with personal challenge and enjoyment.
- ✘ Give it your full effort.

## TRANSPORT POLICY

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- ✘ Game time, location and transport arrangements to be established one week in advance of matches and are located on the Sports Weekly.
- ✘ No food is to be eaten during transportation.
- ✘ Boys are to remain in their seats and in their uniform/sports gear for the duration of the journey.
- ✘ All boys must return to school by bus unless the Director of Sport has been contacted prior to the fixture taking place.
- ✘ Due to the nature of the game, the cricket matches have different beginning and completion times, depending on the overs played. Parents may be required to collect from the venue. Refer to THE Sports Weekly.

## PROCEDURES for MATCHES

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- ✘ All coaches will be provided with match gear at the beginning of the season and it will be their responsibility to maintain it in good condition and ensure that it is complete at the end of any practice or game.
- ✘ Gear bags may be stored in coach's room.
- ✘ All students to be made aware of uniform requirements to and from sport fixtures.
- ✘ First Aid bags (fully provisioned) to be present at every game. Coaches need to be aware of procedures that have to be taken in the event of an injury (see inside of First Aid bags). Return bags for restocking when required.
- ✘ Variations to rules for each sports code to be established in conjunction with the opposing coach prior to the commencement of the game.
- ✘ Ensure that all students are thoroughly briefed before sporting fixtures about procedures and expectations.
- ✘ Boys who are not participating with their team due to illness or injury are to stay with that team and assist the coach on their given match day.
- ✘ Coaches must keep records of attendance at practices and games. The players are to be made aware that, if this is not satisfactory, disciplinary action will be taken.
- ✘ Players must bring their own drink bottles to games and practices.
- ✘ There should be an agreed procedure for entering the field of play and acknowledging the opposition and the referee at the conclusion of play.
- ✘ Registered referees will be used for games at 1st team level without exception in Rugby, and whenever possible for Football and Hockey.
- ✘ Coaches must ensure that all players have reasonable game time with equity being a priority. Our sport is primarily educative and must not reflect a 'win at all costs' mentality. Naturally the pursuit of equity must take into account the safety of all players with regard to their skills for particular positions.
- ✘ The coach must ensure that directions given to the team are positive and should remind any spectators who do not support this ethos of their obligations as contained in the policy for code of conduct.

## TEAM SELECTION POLICY

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- ✘ Students sign up for trials on the OLE.
- ✘ Selection is based on how they trial at school.
- ✘ Parents are not involved in the selection of players for any code.
- ✘ Trials to be held in first 2 weeks prior to the first game.
- ✘ Students may choose to play a different sport at school than played at club level.
- ✘ Students will be informed when trials take place and the attributes sought by selectors.
- ✘ Students should have the freedom to select the sports code of their choice and be free from pressure by coaches to play for a particular code.
- ✘ Once a student has selected a code, he may not change that option without the permission of the Director of Sport.
- ✘ If a code is over-subscribed, students may be directed to other codes or options at the discretion of the Director of Sport.
- ✘ It is the coach's duty to ensure that all players in a trial have equitable and sufficient opportunities to demonstrate their skills while being observed by those responsible for selection.
- ✘ Boys are selected on how they trial at school irrespective of what position/team at club level.
- ✘ Where possible, selection decisions should be made by at least two coaches to ensure that the process is transparent and robust.
- ✘ All teams are fluid and may be changed during the season for any of the following reasons: injury, fitness, attitude, performance and improvement by those who have not yet gained selection. Boys must also maintain expectations for effort and attitude towards their academics and social conduct in and around the School. The coaches' decision is final.
- ✘ The captains of the 1st teams will be selected by the coach/es within two weeks of the start of the season and will be formally approved by the Principal.
- ✘ The captain of the 1st teams and 1st team players are responsible for the promotion of that sport within the school environment. Where possible he will show an interest in all teams of that code playing for the Boys' School.
- ✘ Maximum squad sizes: Rugby 21                      Hockey 14                      Football 14
- ✘ Rugby Weight Restrictions: as of the second week of Term 2 an official weigh-in will be documented and witnessed by the Principal. These restrictions will also apply to House Matches. Note school weight restrictions are different to Club Rugby.
  - Year 7 & 8 under 68kg
  - Year 5 & 6 under 55kg
- ✘ The notification of team lists will be made simultaneously for all seasonal codes by the Director of Sport from his official records via the OLE.

## **VISITING SPORTS TEAMS**

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Each season, the boys in the premier teams have the opportunity to play against schools visiting from another region. One of the traditional school exchanges is against Southwell School in Hamilton. The exchanges are held alternately in Auckland and Hamilton. This exchange usually involves rugby, football and hockey teams in the winter, and cricket, softball and tennis teams in the summer. We also have teams who visit us from further afield. At these times students are asked to provide billets.

## **PROCEDURE FOR PLAYERS WITHOUT APPROPRIATE SPORTS GEAR**

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Boys are required to have the correct clothing and safety equipment to take part in sport. If a player repeatedly attends without the appropriate gear, the coach must notify the Director of Sport.

Mufti-gear and sports uniform may not be mixed at sports practices - it is one or the other. The correct uniform is expected for all games.

Boys may go home in their training gear after their given sports training afternoon.

However, NO BLAZERS are to be worn home over sports gear.

All boys must change back into their school uniform after their Tuesday or Wednesday afternoon sports option programme or sporting fixture with the exception of any fixtures that run past 3pm.

## MAJOR ANNUAL SPORTS EVENTS

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### TERM 1

Weetbix Triathlon  
 Junior School Swimming Sports  
 Middle School Swimming Sports  
 Senior School Swimming Sports  
 House Relay Swimming  
 Remuera Zone Swimming for Years 5 and 6  
 Eastern Zone Swimming for Years 7 and 8  
 Southwell Summer Exchange for Years 7 and 8 - 1st and 2nd teams  
 NZ Secondary School Open Water Swim Championship  
 Remuera Zone Summer Field Day (softball, cricket, tennis) for Years 5 and 6

### TERM 2

Year 7 Eastern Zone Football  
 Year 8 Eastern Zone Football  
 Eastern Zone Hockey for Years 7 and 8

### TERM 3

Southwell Winter Exchange for Years 7 and 8 - 1st and 2nd teams  
 Year 0 to 3 School Cross Country  
 Year 4 to 8 School Cross Country  
 Winterfest Water Polo for Years 7 and 8  
 Remuera Zone Winter Field Day (rugby, football, hockey) for Years 5 and 6  
 Winter Team Sport Photos  
 North Island Primary Schools Ski Championships  
 AIMS (waterpolo plus other codes depending on the selection)  
 Remuera Zone Cross Country for Years 5 and 6  
 Eastern Zone Cross Country for Years 7 and 8  
 Eastern Zone Basketball for Years 7 and 8  
 Tim Sonderer Water Polo for Years 7 and 8

### TERM 4

North Island Water Polo for Years 7 and 8  
 Summer Team Sport Photos  
 Year 0 to 3 Athletics  
 Year 4 to 8 Athletics  
 House Relays  
 Remuera Zone Athletics for Years 5 and 6  
 Eastern Zone Athletics for Years 7 and 8

## SPORTS AWARDS PRESENTED AT PRIZEGIVING

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### **Athletics**

Junior Cup - Year 6 Athletics Champion

Intermediate Cup - Year 7 Athletics Champion

Senior Cup - Year 8 Athletics Champion

Bruce Galloway Award - For Field Events

### **Cricket**

Saint Kentigern School Cricket Cup - All Rounder Award

Tim McIntosh Cup Batsman's Award - For Most Runs Scored

Bowler's Award - For Best Bowling

Tom Maasland Cup - For Fielding in 1st XI Cricket

### **Cross Country**

Stephen Voice Memorial Cross Country Cup - Junior School Champion

Stephen Voice Memorial Cross Country Cup - Intermediate School Champion

Fraser A C Hamilton Cross County Cup - Year 7 School Champion

Stephen Voice Memorial Cross Country Cup - Senior School Champion

### **Swimming Champions**

Junior (Year 6) Swimming Champion

Phillip Yolland Memorial Trophy - Intermediate Year 7 Swimming Champion

Senior (Year 8) Swimming Champion

### **Tennis Champions**

Stephan Cup - For Year 4 Tennis Champion

John Birch Family Cup - For Year 5 Tennis Champion

Junior Cammell Cup - For Junior Year 6 Tennis Champion

Year 7 - (Intermediate) Tennis Champion

Year 8 (Senior) Tennis Champion

**Rugby**

S K Richardson Rugby Cup - For Best Rugby Player

Franklin Cup - For Best Rugby Team Member

1st XV Rugby Shield - For Best Team Spirit

**Football**

Simon & Marcus Mills Soccer Trophy - For Most Outstanding Player

Middleton Cup - For the Best Team Member 1st XI Football

**Waterpolo**

Kidd Family Cup - For Performance and Contribution to Senior Waterpolo

**Hockey**

Most Outstanding Hockey Player Cup - Presented by Clare Fuller and Brian Matthews

Bhanabhai Hockey Cup - For commitment, team spirit and sportsmanship

**Basketball**

Most Outstanding Basketball Player Cup - Presented by Clare Fuller and Brian Matthews

**Softball**

Most Outstanding Softball Player

**Team of the Year**

NB: Other year group champions for swimming, athletics and cross country receive a medal at a school assembly. Parents will be invited to this assembly.





Love Serve  
Trust Service  
Leadership Challenge  
Excellence  
Compassion  
Integrity *A World of  
Opportunity  
for Boys*  
Inspiration Respect  
Faith Hope



SAINT KENTIGERN

BOYS' SCHOOL For Boys in Years 1-8

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